



EST 1951
Diocese of Sacramento

Saint Theresa of Lisieux Parish

1041 Lyons Avenue, South Lake Tahoe, CA 96150-8241

Tel. (530) 544-3533 | Fax (530) 544-4662

sttheresa@tahoecatholic.com | www.tahoecatholic.com
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*"Come to me, all you who labor
and are burdened, and I will
give you rest."*



JULY 5, 2026

**FOURTEENTH
SUNDAY IN
ORDINARY TIME
YEAR A**

Zechariah 9:9-10; Psalm 145:1-2, 8-9, 10-11, 13-14; Romans 8:9, 11-13; Cf. Matthew 11:25; Matthew 11:25-30

READINGS FOR THE WEEK | bible.usccb.org/daily-bible-reading

MONDAY: Hosea 2:16, 17c-18, 21-22; Psalm 145:2-3, 4-5, 6-7, 8-9; 2 Timothy 1:10; Matthew 9:18-26

TUESDAY: Hosea 8:4-7, 11-13; salm 115:3-4, 5-6, 7ab-8, 9-10; John 10:27; Matthew 9:32-38

WEDNESDAY: Hosea 10:1-3, 7-8, 12; Psalm 105:2-3, 4-5, 6-7; Mark 1:15; Matthew 10:1-7

THURSDAY: Hosea 11:1-4, 8e-9; Psalm 80:2ac, 3b, 15-16; Mark 1:15; Matthew 10:7-15

FRIDAY: Hosea 14:2-10; Psalm 51:3-4, 8-9, 12-13, 14, 17; John 16:13a, 14:26d; Matthew 10:16-23

Memorial of St. Benedict: Isaiah 6:1-8; Psalm 93:1ab, 1cd-2, 5; 1 Peter 4:14; Matthew 10:24-33

Fifteenth Sunday in Ordinary Time: Isaiah 55:10-11; Psalm 65:10, 11, 12-13, 14; Romans 8:18-23; Matthew 13:1-23

SUNDAY MASS TIMES

Saturday | 5:30 PM
Sunday | 9 & 11 AM | 7 PM (Spanish)

DAILY MASS

Monday - Friday | 12PM

FIRST FRIDAY

5PM

EUCCHARISTIC ADORATION

Monday—Friday
11:30AM-12PM | 5-6PM

CONFESSIONS

Monday—Friday | during adorations
(approach Father in the church)
Saturdays | 4-5PM (in confessional)
Also available by appointment

PARISH OFFICE HOURS

Monday—Friday | 9AM-4PM
(closed for lunch 12-1PM)

SACRAMENTS & MINISTRY

Anointing of the Sick 530.544.3533

& Fr. Joseph—916.508.5048 (cell)

Weddings 530.544.3533

Baptism/RCIA 530.544.4788

Bread & Broth breadandbroth.org

Back Door Pantry Friday | 3-430 PM

fdixon0714@gmail.com | 530.659.3936

PAROCHIAL ADMINISTRATOR

Fr. Joseph Sebastian, CMI
frjoestc@tahoecatholic.com
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530.307.0151 | moeleonard@yahoo.com

Karin Holmes, Music Minister

Danette Winslow, Director, Faith Formation
sttheresare@gmail.com | 530.544.4788

Joanie San Agustin, Technology Minister
tahoecatholicbulletin@gmail.com

MINISTRIES AND SACRAMENTS

PREGNANT? NEED HELP?

With love and prayer, we support women in crisis pregnancies. Confidential help: (530) 544-3533.



BAPTISMAL PREPARATION CLASSES
Call or visit the Religious Education Office
530.544.4788
SCHEDULE: tahoeatholic.com/baptisms

myParish APP

Stay connected—download the myParish app for easy access to parish info and event alerts.



ST THERESA BACK DOOR PANTRY

The Backdoor Pantry offers free food for those in need. It is located on the southside of Grace Hall the first window. The Back Door Pantry is open every Friday from 3-430pm. If you would like to donate to the Back Door Pantry, there is a drop-off pantry box located at the back of the Church. Please, only non-perishable foods (no fresh or frozen items). Thank you.



KNIGHTS' CORNER



The Knights of Columbus are known worldwide for our extensive works of charity. Our reputation is well-deserved. Joining the Knights of Columbus, you become part of the largest Catholic fraternity in the world. As you grow in faith, you are supported by a true brotherhood built on shared values — and on a shared desire to be the men God has called you to be. Join your local council for even more support from Catholic men. Contact Grand Knight Romeo Alaoen at 530-318-4408 to join.

PANCAKE BREAKFAST—First Sundays of every month in Grace Hall after the 9AM Mass



Bread & Broth, a ministry of St. Theresa Catholic Church, is an all-volunteer, community food outreach program whose mission is to ease hunger in the Lake Tahoe South Shore community. Our hot, nutritious meals are served twice weekly to all who come to our doors and our B&B 4 Kids program provides healthy, kid-friendly food to children from the ages of 18 months up to 18 years of age during the school year and school summer break. If you are interested in volunteering or making a monetary or food donation, please visit our website, breadandbroth.org.

FACEBOOK /INSTAGRAM : @breadandbrothtahoe



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VOCATIONS & STEWARDSHIP

A vocation is a calling. For Catholics it means the state of life God asks us to live. There is one vocation for every baptized person and that is holiness. Holiness is living constantly in the presence of God and having a living relationship with God. This relationship is cultivated by prayer and the Sacraments. Everyone is also called to a particular vocation in life, beyond living a life of holiness. Let us all pray that each one of us finds our vocation in the church. Let us also pray for more priests.

Prayer for all vocations is recited every second Sunday of the month.



DEVOTIONS TO OUR LADY OF PERPETUAL HELP

Wednesdays after the noon Mass. in the Church with the Rosary, Divine Mercy chaplet, and novena prayers to Our Lady of Perpetual Help.

THE LITTLE WAY FELLOWSHIP | @littlewayfellowship



“Do not be misled: Bad company corrupts good character.” - 1 Corinthians 15:33

Accompany Us For: Meet and Greet | Saint Analysis | Bible Study | Mass | Adoration | And More! | Follow us on Instagram for weekly updates!

For more information: Contact Brian Grajeda: (530)318-0916 | brianjgrajeda@gmail.com

INTENTIONS OF THE HOLY FATHER

JULY | For respect for human life. Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

<https://www.popesprayer.va/pray/#intentions>



St. Theresa Parish Annual
Father Grace Memorial
Golf Tournament

Thursday | September 3, 2026



TAHOECATHOLIC.COM/GOLF2026

FOURTEENTH SUNDAY CYCLE A | COME TO ME AND TAKE MY YOKE

The Gospel for the 14th Sunday in Ordinary Time (Matthew 11:25–30) comes at the end of chapter 11.

Jesus thanks the Father, saying, *"I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the learned and revealed them to little ones."*

At first, this sounds surprising. Is Jesus against knowledge? Certainly not. The Church has always valued learning, theology, and education. What Jesus is speaking against is pride—the attitude that says, "I know everything. I don't need God." There is a big difference between information and relationships.

Many people know a great deal about Jesus. They know the Bible, the Catechism, Church history, and theology. But knowing facts about Jesus is not the same as having a personal relationship with Him.

Think of a simple example. Suppose you have read two books about the President of the United States. You know where he was born, where he studied, and everything about his life. But if you suddenly face a serious problem, can you simply call him? No. You know about him, but you don't know him personally.

Now imagine you are a close friend of the President. If you are in trouble, you can make a phone call because there is a relationship. That relationship makes all the difference.

The same is true in our spiritual life. Many Catholics know their prayers. They attend Mass. They know the commandments. All of these are important. But today's Gospel asks a deeper question: Do I have a personal relationship with Jesus Christ?

Once a little boy separated from his parents in a crowded airport. He was frightened and began to cry. Many adults came to help him.

One person asked, "What is your father's name?" The boy didn't know.

Another asked, "What does your father do?" He didn't know.

Someone asked, "Do you know your father's phone number?" Again, he didn't know.

It seemed he had very little information about his father.

Then a man walking through the airport heard the child crying. The little boy looked up, smiled, ran toward him, and shouted, "Daddy!" He jumped into his father's arms.

The child could not answer questions about his father, but he **knew his father**. And his father certainly knew him. That relationship saved him.

Another point to reflect on is this: Why do I avoid sin? Is it only because I fear punishment? Or is it because I love Jesus and I do not want to wound the One who loves me so much?

A loving relationship changes everything. We don't avoid sin simply out of fear; we avoid it because we don't want to hurt someone we love.

When we are in pain, whom do we call first? We call someone who loves us and has a relationship with us. Jesus wants to be that person in our lives. He wants us to turn to Him first, with the confidence of a child speaking to a loving Father.

So today, let us examine ourselves. I may know many things about God. I may know many prayers and teachings of the Church. But the real question is this:

Do I know Jesus personally? Does He have a place in my daily life? Do I speak with Him every day in prayer?

Jesus ends today's Gospel with one of the most comforting invitations in all of Scripture: "Come to me... Take my yoke upon you... for my yoke is easy and my burden is light." This sounds surprising. How can a yoke, a symbol of work and effort, be light?

First, understand the meaning of the yoke. A yoke is a wooden beam placed across two oxen so they can pull together. It was never a one-size-fits-all piece of wood. A good carpenter carefully measured each animal and made a yoke that fit perfectly. Otherwise it would wound the animal, make the work painful, and become ineffective. Jesus, who spent many years as a carpenter, knew this very well. When He says, "Take my yoke," He is saying, "I have prepared something that fits you perfectly." He knows our strengths, weaknesses, struggles, and limits better than we know ourselves.

Second, Jesus is carrying the burden with us. A yoke always joins two together. Jesus never asks us to pull the load alone. He is on the other side of the yoke. Last week we reflected on carrying the cross. A cross shared by two people becomes much lighter than a cross carried alone. The same is true here. The burden becomes light not because life has no problems, but because Christ is sharing every step with us. Whenever we try to carry life without Him, we become exhausted. But when we walk with Him, even difficult trials become bearable.

Finally, the real obstacle is not the yoke; it is our heart. Earlier in today's Gospel, Jesus thanks the Father because these mysteries are revealed to the little ones, not to the proud and self-sufficient. Knowledge about God is not enough. We can know many facts about God and still keep Him at a distance. Pride, arrogance, and self-reliance become stumbling blocks. The humble person enters into a relationship with Christ and allows Him to lead. Every disciple needs this spiritual training. The yoke is not a punishment; it is a school of discipleship. If we accept it willingly, it becomes light. If we resist it, even small duties become heavy.

Today Jesus asks each of us a simple question: Are you willing to be yoked to Me? If we walk with Him in humility, trust, and love, we will discover that His yoke truly is easy, His burden truly is light, and our lives will be transformed.

May the Lord give us humble hearts to walk beside Him every day. **Amen.**

OFFERINGS 06/28/26	
Envelope	<i>pending</i>
Non-envelope	<i>pending</i>
Online giving	<i>pending</i>
Peter's Pence Collection	<i>pending</i>



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ELLEN CAMACHO
Parish Council Secretary
CA DRE 00854830
NV B.0145459
530.563.8750

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tahoeatholicbulletin@gmail.com

MASS TIMES AND INTENTIONS	
Saturday July 4 Memorial of the Blessed Virgin Mary	
5:30pm	Debbie McKeon (healing), by Mila Seal
Sunday July 5 Fourteenth Sunday in Ordinary Time	
9:00am	✠ Baby Goldie May Aurora Enterline, by Molly & Danette Winslow
11:00am	✠ Rick Gove, by Harry & Paul
7:00pm	Spanish Mass intentions
Monday July 6 	
12:00pm	Rubio Perez family (special intention)
Tuesday July 7 	
12:00pm	✠ Darrell Eberth, by Harry & Paul
Wednesday July 8 	
12:00pm	✠ Manuel Penoliar Sr., by the Penoliar family
Thursday July 9 St. Augustine Zhao Rong & Companions	
12:00pm	✠ Krystyna Skrzynecka, by Magdalena Schembri
Friday July 10 	
12:00pm	✠ Joseph Skrzynecki, by Magdalena Schembri
Saturday July 11 St. Benedict	
5:30pm	Tom Taggart (birthday), by Mom



Exploring the Sacred Mystery: A Quest for the Divine
Exploring the Sacred Mystery: A Quest for the Divine is not just a book; it is a journey into understanding the divine and one's place within that mystery. It is suitable for anyone interested in spirituality, personal growth, and the exploration of faith in a complex world.

MARY MOHS

Proceeds for Exploring the Sacred Mystery go to support the Oblates of St. Joseph seminarians. Thank you for your support.

Available in the parish office All online bookstores

Exploring the Sacred Mystery: A Quest for the Divine
By Mary Mohs
(St. Joseph Marelllo Parish, Granite Bay)
[Available via Amazon.com](#)

PRAYER REQUESTS	
FOR PARISHIONERS ON ACTIVE MILITARY DUTY: Logan Bevins Andrew Coen Matthew Coen Sean Finn Ben Fry Phillip Gaston Corbett Martin Zachary Martin Luis Francisco Mendoza Lopez Ivan Tarango	
FOR THOSE WHO ARE ILL: James Alsbury Steve Anderson Andy Ansotegui Taylor Bates Bill Barboni Heather Barnet Teresita Beltran Jena Caro Brett Forrest Michael Forrest Michael Galliano Salvador Gonzalez Albert Gualano David Gualano Leo Gutierrez Mary Lou Jarrett Jerry Kirvida Karen Kleiner Danilo Magpusao Norma Mallari Byron Melrose Haley Merkley Matthew Morisky Wynne Morrill Pat Murphy Iretth Murray Jamie O'Malley Cherry Oineza Napoleon Oineza, Jr. Mikie Peacock Edita C. Romero Tony Russo Aida Salenga Mila Seal Derrek Sheets Juana Simental Rafael Simental Cole Miller Whitney	

PRAYER REQUESTS
If you would like to add to the prayer list, please send an email with your loved one's name along with your name and phone number to tahoeatholicbulletin@gmail.com.

MASS ANNOUNCEMENTS FOR JULY 4/5

(To be read by one of the lectors after communion.)

1. Details from the following announcements are in our online bulletin version and website at tahoecatholic.com.
2. **(9AM MASS ONLY)** The Knights of Columbus are having their monthly pancake breakfast after the 9 am Mass in Grace Hall. Please join us for a delicious breakfast of pancakes, eggs, and sausage.
3. Stay informed and engaged with parish life by downloading the myParish app. Access schedules, receive event notifications, and explore parish resources—all in one place.
4. **Fr. Grace Memorial Golf Tournament**-We are seeking your help in supporting this tournament on Thursday Sept. 3, 2026. You are invited to sponsor a hole or tee, donate a raffle prize or gift basket, or simply register a foursome. Forms are available in the vestibule of the Church next to the cut out of Father Grace. Contact Danette Winslow for more information or visit our web site at Tahoecatholic.com
5. **Meet Your Neighbor Sunday**-Please join us every 3rd Sunday of the month after 9AM and 11AM Mass for fellowship and camaraderie. This month we will meet on Sunday, **July 19th**, in Globin Hall. Feel free to bring something to share. If you would like to help, contact Danette Winslow.
6. This year, St. Theresa Catholic Church begins a very special celebration: our 75th Diamond Jubilee. The first Mass of our parish was celebrated on July 1, 1951, by Father Patrick Lyons, marking the beginning of 75 years of faith, service, community, and blessings. Our Jubilee celebration will take place from July 2026 through June 2027. More information about upcoming events and celebrations will be shared soon. We invite all parishioners and visitors to join us in giving thanks to God for the history of our parish and for all who have been part of this beautiful journey.
7. Thank you.



Marriage and Family Ministers Gathering

Gather to learn about important updates
and changes within the Diocese.

JULY 10TH, 2026
5:30 PM - 7:00 PM
ZOOM AVAILABLE


PASTORAL CENTER
2110 BROADWAY
SACRAMENTO, CA 95818

PLEASE REGISTER HERE:





DIOCESE OF SACRAMENTO

ENGLISH & SPANISH FOCCUS TRAINING

For anyone desiring to become a
FOCCUS Facilitator in their parish.

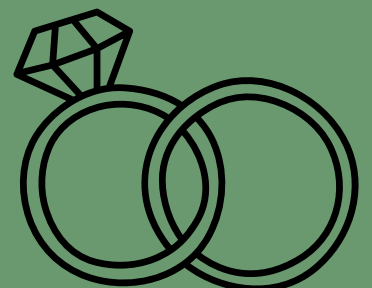
Saturday, July 18th 9:00 AM - 4:00 PM

St. Joseph Parish

9961 Elk Grove Florin Rd, Elk Grove, CA
95624



REGISTER HERE!



EXPLORING
THE
Sacred
MYSTERY

A Quest
for the Divine

MARY MOHS

Exploring the Sacred Mystery: *A Quest for the Divine*

Exploring the Sacred Mystery: A Quest for the Divine is not just a book; it is a journey into understanding the divine and one's place within that mystery. It is suitable for anyone interested in spirituality, personal growth, and the exploration of faith in a complex world.



Proceeds for *Exploring the Sacred Mystery* go to support the Oblates of St. Joseph seminarians. Thank you for your support.



Available in the parish office



All online bookstores



A PLACE FOR SEASONED PROFESSIONALS AT YCP



YOUNG CATHOLIC
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SUPPORT as a Board Member

Provide advice, mentorship, and support to Catholic community and professional development programs for young adults.

Each YCP Chapter is its own 501(c)(3) with its own Board of Directors. YCP boards are made up of 6+ practicing Catholics of any industry, with strong professional experience and the ability to advise on management and/or evangelization.

THE COMMITMENTS

- 2 years of service
- Provide guidance & strategic direction at quarterly board meetings
- Attend one chapter event per quarter
- Mentor leaders & recruit/engage fellow board members
- Cultivate connections with speakers, mentors & donors
- Contribute an annual board fee of \$2500 that goes directly to the chapter's operational budget

Learn more at youngcatholicprofessionals.org/apply

LEAD as a Mentor

YCP's Executive Mentorship program is designed to connect YCP Belong+ Members who are eager to learn and grow with Catholic leaders and experts who are committed to the Faith and the pursuit of excellence in their chosen fields. Mentors need not be a c-level executive, but should be wise, experienced, and capable of guiding and helping young workers.

THE EXPECTATIONS

- Once a mentee has reached out to you, work with your mentee to find a preferred time and medium for a first meeting
- In your first meeting, work with your mentee to align on goals, duration, cadence, and any other needs and expectations
- Apply your wisdom and experience to guide your mentee in his/her goals and towards excellence

Learn more at youngcatholicprofessionals.org/mentors

GIVE as a Donor

Support our community of belonging that helps our members live and share their faith through everyday work, and strive to become modern-day saints through lives of excellence and service.

As the premier organization in the United States that offers young professionals a way to center both their careers and their lives around their Catholic identity, our community continues to grow.

Please consider making a one-time donation, or setting up a recurring gift through our St. Joseph the Worker Legacy Society.

Gifts can be made to our general fund, or directly to an existing chapter or chapter in development.

Give at youngcatholicprofessionals.org/donate

"YCP is a wonderful way to share your faith and experience with the next generation of business leaders."

- Karen Golden Russell, Mentor



INSPIRE as a Speaker

Does your leadership style thrive in front of an audience? Then consider becoming an Executive Speaker!

Each chapter hosts a dynamic Executive Speaker Series, typically once per quarter. At these events, experienced Catholic professionals offer a vibrant, engaging talk that provides professional tips, practical ways to live our faith in the workplace, and direct challenges on how we can make a difference as Catholics.

If this sounds like a good use of your gifts and experience, please consider sharing your story at a Chapter Executive Speaker Series event!

Learn more at youngcatholicprofessionals.org/mentors

THE 75TH JUBILEE OF

St. Theresa Church

St. Theresa Parish Annual
Father Grace Memorial
Golf Tournament
Thursday | September 3, 2026



1:30PM Shotgun start.
\$202 per golfer(dinner included).
Hosted by St. Theresa Parish
Tournament includes a raffle,
silent auction, prizes for longest drive
and closest to the pin.

Gourmet Buffet Dinner(no host bar)
\$65 for non-golfers.



TAHOECATHOLIC.COM/GOLF2026



Parroquia de Santa Teresa de Lisieux

1041 Lyons Avenue, South Lake Tahoe, CA 96150-8241

Tel. (530) 544-3533 | Fax (530) 544-4662

EST 1951
Diocese of Sacramento

sttheresa@tahoecatholic.com | www.tahoecatholic.com
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*"Vengan a mí, todos los que están
fatigados y agobiados por
la carga, y yo les daré alivio".*



5 DE JULIO DE 2026

DECIMOCUARTO
DOMINGO DEL TIEMPO
ORDINARIO
CICLO A

Zacarías 9, 9-10
Salmo 145, 1-2. 8-9. 10-11. 13-14
Romanos 8, 9. 11-13
Mateo 11, 25
Mateo 11, 25-30

LECTURAS DE LA SEMANA | BIBLE.USCCB.ORG/DAILY-BIBLE-READING

LUNES: Oseas 2, 16. 17c-18. 21-22; Salmo 145, 2-3. 4-5. 6-7. 8-9; 2 Timoteo 1, 10; Mateo 9, 18-26
MARTES: Oseas 8, 4-7. 11-13; Salmo 115, 3-4. 5-6. 7ab-8. 9-10; Juan 10, 27; Mateo 9, 32-38
MIÉRCOLES: Oseas 10, 1-3. 7-8. 12; Salmo 105, 2-3. 4-5. 6-7; Marcos 1, 15; Mateo 10, 1-7
JUEVES: Oseas 11, 1-4. 8e-9; Salmo 80, 2ac. 3b. 15-16; Marcos 1, 15; Mateo 10, 7-15
VIERNES: Oseas 14, 2-10; Salmo 51, 3-4. 8-9. 12-13. 14. 17; Juan 16, 13a; 14, 26d; Mateo 10, 16-23
Memoria de San Benito: Isaías 6, 1-8; Salmo 93, lab. 1cd-2. 5; 1 Pedro 4, 14; Mateo 10, 24-33
Decimoquinto Domingo del Tiempo Ordinario: Isaías 55, 10-11; Salmo 65, 10. 11. 12-13. 14; Romanos 8, 18-23; Mateo 13, 1-23

MISAS DOMINICALES

Misa de Vigilia el sábado 5:30 PM
Domingo 9 & 11 AM
7 PM (español)

MISA DIARIA

lunes a viernes 12PM

PRIMER VIERNES | 5PM

ADORACIÓN EUCARÍSTICA

lunes a viernes | 11:30AM-12PM, 5-6PM

CONFESIONES

De lunes a viernes | durante las adoraciones
(acérquese al Padre en la iglesia)
Sábados | de 16:00 a 17:00 (en el confesionario)
También disponible con cita previa

HORARIO DE ATENCIÓN PARROQUIAL

Lunes a viernes de 9AM-4PM
(cerrado para el almuerzo de 12PM a 1PM)

SACRAMENTOS Y MINISTERIOS

Unción de los Enfermos
primeros Viernes

Y Padre Joseph—916.508.5048 (cell)

Bodas 530.544.3533

Bautismos 530.544.4788

Bread & Broth breadandbroth.org

Dispensa de la puerta trasera

viernes 3-430 PM

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Religiosa | sttheresare@gmail.com |
530.544.4788
Joanie San Agustin, Ministra de Tecnología
tahoecatholicbulletin@gmail.com

MINISTERIOS Y SACRAMENTOS

¿EMBARAZADA? ¿NECESITAS AYUDA?

Con amor y oración, apoyamos a mujeres con embarazos en crisis. Ayuda confidencial: (530) 544-3533.



CLASES DE PREPARACIÓN BAPTISMAL
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HORARIO: tahocatholic.com/baptisms

myParish APP

Descargue la aplicación myParish y obtenga acceso fácil a los recursos de la parroquia y reciba mensajes instantáneos para los próximos eventos.



DESPENSA TRASERA DE ST THERESA

La despensa trasera ofrece alimentos gratuitos para quienes los necesitan. Está ubicada en el lado sur de Grace Hall, en la primera ventana. La despensa trasera está abierta todos los viernes de 3 a 4:30 p. m. Si desea donar a la despensa trasera, hay una caja de despensa ubicada en la parte trasera de la iglesia. Solo alimentos no perecederos (no alimentos frescos ni congelados). Gracias.



KNIGHTS' CORNER



Los Caballeros de Colón somos conocidos en todo el mundo por nuestra extensa labor caritativa. Nuestra reputación es bien merecida. Al unirse a los Caballeros de Colón, te conviertes en parte de la fraternidad católica más grande del mundo. A medida que creces en la fe, recibes el apoyo de una verdadera hermandad basada en valores compartidos y en el deseo común de ser los hombres que Dios nos ha llamado a ser. Únete a tu consejo local para recibir aún más apoyo de otros hombres católicos. Para unirse, comunícate con el Gran Caballero Romeo Alaoen al 530-318-4408.

DESAYUNO DE PANQUEQUES: Primer domingo de cada mes en el Salón Grace después de la Misa de las 9:00 a. m.



Bread & Broth, un ministerio de la Iglesia Católica St. Theresa, es un programa comunitario de distribución de alimentos en el que participan todos los voluntarios y cuya misión es aliviar el hambre en la comunidad de la costa sur del lago Tahoe. Nuestras comidas calientes y nutritivas se sirven dos veces por semana a todos los que vienen a nuestras puertas y nuestro programa B&B 4 Kids ofrece alimentos saludables y aptos para niños desde los 18 meses hasta los 18 años de edad durante el año escolar y las vacaciones de verano. Si está interesado en ser voluntario o hacer una donación monetaria o alimentos, visite nuestro sitio web, breadandbroth.org.

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2. Introduzca el código postal o el nombre de su parroquia. **CODIGO: QKK7X3**



INTENCIONES DE ORACIÓN DEL SANTO PADRE

JULIO | Por el respeto de la vida humana. Oremos por el respeto y la protección de la vida humana en todas sus etapas, reconociéndola como un don de Dios.
<https://www.popesprayer.va/pray/#intentions>

VOCACIONES Y MAYORDOMÍA

Una vocación es un llamado. Para los católicos, significa el estado de vida que Dios nos pide vivir. Hay una vocación para cada persona bautizada: la santidad. La santidad es vivir constantemente en la presencia de Dios y tener una relación viva con Él. Esta relación se cultiva mediante la oración y los sacramentos. Todos estamos llamados también a una vocación particular en la vida, más allá de vivir una vida de santidad. Oremos para que cada uno de nosotros encuentre su vocación en la iglesia. Oremos también por más sacerdotes. Hay estampas de oración al final de las bancas que pueden compartir. La oración por todas las vocaciones se recita cada segundo domingo del mes.



DEVOCIONES A NUESTRA SEÑORA DEL PERPETUO SOCORRO

Los miércoles después de la Misa del mediodía, en la Iglesia, con el Rosario, la coronilla de la Divina Misericordia y oraciones de la novena a Nuestra Señora del Perpetuo Socorro.

¡LOS COMPAÑEROS DEL CAMINO PEQUEÑO! | JOVEN ADULTO | @littlewayfellowship



“No se dejen engañar: Las malas compañías corrompen las buenas costumbres” - 1 Corintios 15:33
Acompañanos para: Vengan y Conoscan | Hablar Sobre Los Santos | Estudio de la Biblia | Misa | Hora Santa | ¡Y mas! Síguenos en Instagram Para Información Sobre las Reuniones Semanales.

Para mas informacion: Contacta a Brian Grajeda: (530)318-0916 | brianjgrajeda@gmail.com

DECIMOCUARTO DOMINGO, CICLO A | VENGAN A MÍ Y TOMEN MI YUGO

El Evangelio del 14.º Domingo del Tiempo Ordinario (Mateo 11, 25-30) aparece al final del capítulo 11.

Jesús da gracias al Padre diciendo: *"Te alabo, Padre, Señor del cielo y de la tierra, porque has ocultado estas cosas a los sabios y entendidos, y se las has revelado a los pequeños"*.

A primera vista, esto resulta sorprendente. ¿Está Jesús en contra del conocimiento? Ciertamente no. La Iglesia siempre ha valorado el saber, la teología y la educación. Lo que Jesús rechaza es el orgullo: esa actitud que dice: "Lo sé todo. No necesito a Dios". Existe una gran diferencia entre la información y las relaciones.

Muchas personas saben mucho sobre Jesús. Conocen la Biblia, el Catecismo, la historia de la Iglesia y la teología. Pero conocer datos sobre Jesús no es lo mismo que tener una relación personal con Él.

Pensemos en un ejemplo sencillo. Supongamos que has leído dos libros sobre el presidente de los Estados Unidos. Sabes dónde nació, dónde estudió y todo sobre su vida. Pero si de repente te enfrentas a un problema grave, ¿puedes simplemente llamarlo por teléfono? No. Sabes cosas sobre él, pero no lo conoces personalmente.

Ahora imagina que eres amigo íntimo del presidente. Si tienes un problema, puedes llamarlo porque existe una relación. Esa relación marca toda la diferencia.

Lo mismo ocurre en nuestra vida espiritual. Muchos católicos conocen las oraciones. Asisten a Misa. Conocen los mandamientos. Todo esto es importante. Pero el Evangelio de hoy plantea una pregunta más profunda: ¿Tengo una relación personal con Jesucristo?

En una ocasión, un niño pequeño se separó de sus padres en un aeropuerto abarrotado. Estaba asustado y comenzó a llorar. Muchos adultos se acercaron para ayudarlo.

Una persona preguntó: "¿Cómo se llama tu padre?". El niño no lo sabía.

Otra preguntó: "¿A qué se dedica tu padre?". Tampoco lo sabía.

Alguien preguntó: "¿Sabes el número de teléfono de tu padre?". De nuevo, no lo sabía.

Parecía que tenía muy poca información sobre su padre.

Entonces, un hombre que caminaba por el aeropuerto escuchó al niño llorar. El niño levantó la vista, sonrió, corrió hacia él y gritó: «¡Papá!». Saltó a los brazos de su padre.

El niño no podía responder preguntas sobre su padre, pero lo conocía. Y su padre, ciertamente, lo conocía a él. Esa relación lo salvó.

Otro punto para reflexionar es este: ¿Por qué evito el pecado? ¿Es solo porque temo el castigo? ¿O es porque amo a Jesús y no quiero herir a Aquel que tanto me ama?

Una relación de amor lo cambia todo. No evitamos el pecado simplemente por miedo; lo evitamos porque no queremos hacer daño a alguien a quien amamos.

Cuando sufrimos, ¿a quién llamamos primero? Llamamos a alguien que nos ama y con quien tenemos una relación. Jesús quiere ser esa persona en nuestras vidas. Quiere que acudamos a Él en primer lugar, con la confianza de un niño que habla con un Padre amoroso.

Así que hoy, examinémonos. Puede que sepa muchas cosas sobre Dios. Puede que conozca muchas oraciones y enseñanzas de la Iglesia. Pero la verdadera pregunta es esta:

¿Conozco a Jesús personalmente? ¿Tiene Él un lugar en mi vida cotidiana? ¿Hablo con Él todos los días en la oración?

Jesús concluye el Evangelio de hoy con una de las invitaciones más reconfortantes de toda la Escritura: «Vengan a mí... Tomen mi yugo sobre ustedes... porque mi yugo es suave y mi carga ligera». Esto resulta sorprendente. ¿Cómo puede un yugo —símbolo de trabajo y esfuerzo— ser ligero?

En primer lugar, hay que entender el significado del yugo. Un yugo es una pieza de madera que se coloca sobre dos bueyes para que puedan tirar juntos. Nunca era una pieza de madera de medida estándar. Un buen carpintero medía cuidadosamente a cada animal y fabricaba un yugo que se ajustara perfectamente. De lo contrario, heriría al animal, haría doloroso el trabajo y resultaría ineficaz.

Jesús, que pasó muchos años como carpintero, lo sabía muy bien. Cuando dice «tomen mi yugo», está diciendo: «He preparado algo que se ajusta perfectamente a ti». Él conoce nuestras fortalezas, debilidades, luchas y límites mejor que nosotros mismos.

En segundo lugar, Jesús lleva la carga con nosotros. Un yugo siempre une a dos seres. Jesús nunca nos pide que tiremos de la carga solos. Él está al otro lado del yugo. La semana pasada reflexionamos sobre cargar la cruz. Una cruz compartida por dos personas se vuelve mucho más ligera que una cruz llevada en solitario. Lo mismo ocurre aquí. La carga se vuelve ligera no porque la vida carezca de problemas, sino porque Cristo comparte cada paso con nosotros. Siempre que intentamos afrontar la vida sin Él, terminamos agotados. Pero cuando caminamos con Él, incluso las pruebas difíciles se vuelven llevaderas.

Por último, el verdadero obstáculo no es el yugo, sino nuestro corazón. En una parte anterior del Evangelio de hoy, Jesús da gracias al Padre porque estos misterios son revelados a los pequeños, y no a los soberbios y autosuficientes. El conocimiento sobre Dios no basta; podemos conocer muchos datos acerca de Él y, aun así, mantenerlo a distancia. El orgullo, la arrogancia y la autosuficiencia se convierten en obstáculos. La persona humilde establece una relación con Cristo y permite que Él la guíe. Todo discípulo necesita esta formación espiritual. El yugo no es un castigo; es una escuela de discipulado. Si lo aceptamos voluntariamente, se vuelve ligero. Si nos resistimos a él, incluso las pequeñas obligaciones se tornan pesadas.

Hoy Jesús nos hace a cada uno una pregunta sencilla: ¿Estás dispuesto a llevar mi yugo? Si caminamos con Él en humildad, confianza y amor, descubriremos que su yugo es verdaderamente llevadero y su carga verdaderamente ligera, y nuestras vidas serán transformadas.

Que el Señor nos conceda corazones humildes para caminar junto a Él cada día. **Amén.**

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INTENCIONES PARA LAS MISAS

Sábado | 4 de julio | Memoria de la Santísima Virgen María

5:30pm Debbie McKeon (healing), by Mila Seal

Domingo | 5 de julio | ocutarto Domingo del Tiempo Ordinario

9:00am ✠ Baby Goldie May Aurora Enterline, by Molly & Danette Winslow

11:00am ✠ Rick Gove, by Harry & Paul

7:00pm Intenciones de misa en español

Lunes | 6 de julio |

12:00pm Rubio Perez family (special intention)

Martes | 7 de julio |

12:00pm ✠ Darrell Eberth, by Harry & Paul

Miércoles | 8 de julio |

12:00pm ✠ Manuel Penoliar Sr., by the Penoliar family

Jueves | 9 de julio | San Agustín Zhao Rong y compañeros

12:00pm ✠ Krystyna Skrzynecka, by Magdalena Schembri

Viernes | 10 de julio |

12:00pm ✠ Joseph Skrzynecki, by Magdalena Schembri

Sábado | 11 de julio | San Benito

5:30pm Tom Taggart (birthday), by Mom

PETICIONES POR ESTAS PERSONAS

POR LOS FELIGRESES—ACTIVOS CON EL SERVICIO MILITAR:

Logan Bevins | Andrew Coen | Matthew Coen | Sean Finn | Ben Fry | Phillip Gaston | Corbett Martin | Zachary Martin | Luis Francisco Mendoza Lopez | Ivan Tarango

POR LOS QUE ESTÁN ENFERMOS: James Alsbury | Steve Anderson | Andy Ansotegui | Taylor Bates | Bill Barboni | Heather Barnet | Teresita Beltran | Jena Caro | Brett Forrest | Michael Forrest | Michael Galliano | Salvador Gonzalez | Albert Gualano | David Gualano | Leo Gutierrez | Mary Lou Jarrett | Jerry Kirvida | Karen Kleiner | Danilo Magpusao | Norma Mallari | Byron Melrose | Haley Merkley | Matthew Morisky | Wynne Morrill | Pat Murphy | Iretth Murray | Jamie O'Malley | Cherry Oineza | Napoleon Oineza, Jr. | Mikie Peacock | Edita C. Romero | Tony Russo | Aida Salenga | Mila Seal | Derrek Sheets | Juana Simental | Rafael Simental | Cole Miller Whitney

LISTA DE LOS ENFERMOS

Si desea conservar su ser querido en la /lista, por favor, envíe un correo electrónico con el nombre de su ser querido, junto con su nombre y número de teléfono a ahoeatholicbulletin@gmail.com

FECHA DE IMPRESIÓN DEL BOLETÍN: 7/03/2026

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ESTAS SON LAS ANUNCIAS PARA EL 5 DE JULIO

(Para ser leído por uno de los lectores después de la comunión.)

1. Los detalles de los siguientes anuncios se encuentran en nuestra versión de boletín en línea y en nuestro sitio web en tahoecatholic.com.
2. Mantente informado y participa en la vida parroquial descargando la aplicación myParish. Consulta horarios, recibe notificaciones de eventos y explora los recursos de la parroquia: todo en un mismo lugar.
3. **Torneo de Golf en Memoria del Padre Grace:** Solicitamos su colaboración para apoyar este torneo que se celebrará el jueves 3 de septiembre de 2026. Le invitamos a patrocinar un hoyo o una zona de salida (*tee*), a donar un premio para la rifa o una cesta de regalo, o simplemente a inscribir un equipo de cuatro jugadores. Encontrará los formularios en el vestíbulo de la iglesia, junto a la silueta del Padre Grace. Para más información, comuníquese con Danette Winslow o visite nuestro sitio web: Tahoecatholic.com.
4. Este año, la Iglesia Católica de Sta. Teresa comienza una celebración muy especial: nuestro 75º Jubileo de Diamante. La primera Misa de nuestra parroquia fue celebrada el 1 de julio de 1951 por el Padre Patrick Lyons, marcando el inicio de 75 años de fe, servicio, comunidad y bendiciones. Nuestra celebración jubilar se llevará a cabo de julio de 2026 a junio de 2027. Pronto compartiremos más información sobre los próximos eventos y celebraciones. Invitamos a todos los feligreses y los visitantes a unirse en acción de gracias a Dios por la historia de nuestra parroquia y por todos los que han sido parte de este hermoso caminar.
5. Gracias.



DIÓCESIS DE SACRAMENTO

INGLÉS & ESPAÑOL FOCCUS TRAINING

Para todas aquellas personas que
deseen convertirse en facilitadores
de FOCCUS en su parroquia.

Sábado, Julio 18th 9:00 AM - 4:00 PM

St. Joseph Parish

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REGÍSTRATE AQUÍ:

