



## Program Overview

*As a member of a **Blessed Is She** community, you will...*

Be offered weekly studies and gather with other like-minded women to enrich and grow in your Catholic faith.

Receive **Blessed Is She** daily devotions via email to strengthen and feed your spiritual growth.

Have an opportunity to gather monthly with other **Blessed Is She** members all over the country, to view virtual workshops on topics important to all of us.

Join a **Blessed Is She** regional online group, to share insights, ask questions, and build additional faith based friendships with women just like you.

## Is this ministry right for me?

Are you looking for a community of like-minded women who are compassionate and have similar challenges in their life?

Do you want to strengthen your spirituality and have the tools to live a passion-filled life?

Are you finding it hard to find time to renew and deepen your faith?

Trying to find time to read the Word or search for the right scriptures to inspire your spirit?

*For questions or more information, please contact:*

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*I am interested in joining the*

***Blessed Is She*** ministry.

*Please contact me with the details.*

Name: \_\_\_\_\_

Phone No# \_\_\_\_\_

Email \_\_\_\_\_

*My preference for the next 10 week study would be the following:*

Mon	Tue	Wed	Thu	Fri
AM	AM	AM	AM	AM
PM	PM	PM	PM	PM



*Blessed Is She is a group of women of all ages and backgrounds, all coming together in sisterhood to share in life's journey and foster community.*

*We are...*

*Women who are seeking support in building a relationship with the Lord.*

*Women who feel the need to read and connect with Scripture.*

*Women who want to gather in fellowship and grow in the Catholic faith.*

*Women who gather together to study their faith and build strong friendships.*

## *Blessed Conversations Studies*

Created to help women in the parish, become familiar with scripture and explore the truths and traditions of their Catholic faith. Each study has an overall subject and it is written to prompt each participant to develop the skill for personal reflection and to initiate discussion within the group. Each subject compliments our adult faith formation by examining different aspects of our faith. Discussions are not meant to replace formal catechetical teaching, but instead will help to teach and promote the personal and group reflection process. In addition, throughout the process this special group of women, bond and form interpersonal relationships.



## *Study on the Catechism*

Our first study offers an opportunity for the participants to study some of the fundamentals of the Catholic Church and its teachings, but with a fresh, new approach. Each reflection touches on a different aspect of our lives as women. Despite our personal history, background, and different vocations as women, we are all on this journey together and together as a group we will grow and learn.

*The study on Catechism is  
separated and presented into  
seven distinct topics:*

*Ways to pray  
God the Father, Son, and Holy Spirit  
The Beatitudes  
The Sacraments  
The Ten Commandments  
The Our Father  
The Virtues*

*Each topic is broken into five  
sections:*

*Examination  
Examination of a particular aspect of the  
Catechism.*

*Presentation  
Presentation of Scripture related to the  
topic being discussed.*

*Reflection  
Focus questions are provided for you to  
reflect on personally.*

*Discussion  
Openly discuss aspects of the topic within  
the group.*