

St. Theresa Catholic Church
Sacramental Preparation for the Rite of Confirmation



“I have called you by name; You are mine” -Isaiah 43:1

COME HOLY SPIRIT!



CONFIRMATION PACKET
2026-2027



St. Theresa Church Faith Formation
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2026-2027 | CONFIRMATION YEAR 1 & 2

WELCOME TO CONFIRMATION!

Confirmation is an important step in a young person's journey of faith. Through this sacrament, candidates are strengthened by the Holy Spirit and called to continue growing in their relationship with Christ, participating in the life of the Church, and living out their Catholic faith. Our Confirmation program is designed to help candidates deepen their understanding of the Catholic faith, participate in the Sacraments, and prepare to make a personal commitment to continue living as disciples of Christ.

SNACKS & MASS COLLECTION

We ask for your help in providing snacks for our Confirmation classes. After Mass, we do our best to provide each student with a small snack before continuing with class. Snacks usually include chips or cookies, fruit, and a drink.

Families are welcome to donate items such as individually packaged chips, cookies, juice boxes, bottled water, or fresh fruit to share with the group. Thank you for your generosity and support!

We also encourage students to bring a small cash donation for the **weekly collection during Mass**. The amount is not important. This practice helps our young people learn the importance of generosity, supporting their parish, and actively participating in the life of the Church.

ATTENDANCE & TARDINESS

Regular and consistent attendance is an essential part of Confirmation preparation. Because we have only **16 scheduled classes**, students are expected to attend all classes and arrive on time. **Students are expected to attend all scheduled classes, required activities, and Sunday Mass.**

THERE ARE NO "FREE" ABSENCES.

A student who misses either of the first two classes without prior communication and a valid reason may be removed from the Confirmation roster.

We understand that illness, severe weather, family emergencies, and other unavoidable circumstances may occur. Parents or guardians must notify the Faith Formation Office when a student will be absent. Vacations, sports, practices, work, social events, or other extracurricular activities are generally not considered excused absences.

Students are expected to arrive on time and remain for the entire class. Repeated late arrivals, early departures, or missed portions of class will be considered an attendance concern and may be treated as an absence.

Attendance will be reviewed based on the reason, frequency, and overall participation of the student. Repeated or excessive absences or tardiness may require make-up work, a meeting with the family, or additional steps determined by the Faith Formation Coordinator/Director.

For students preparing to receive a sacrament, consistent class attendance, punctuality, participation, and regular Mass attendance are all part of determining readiness. A pattern of missed classes, tardiness, early departures, or missed Masses may affect successful completion of the program or sacramental preparation. All Confirmation instruction is conducted **in person**, and missed classroom instruction cannot always be duplicated or made up.

MASS & DRESS CODE

Participation in Sunday Mass is a **required and essential part of the Confirmation program**. Candidates will attend Mass together as part of each scheduled class.

Because students are participating in Mass, they are expected to dress appropriately and respectfully.

Please do not wear:

- Hats or hoods during Mass
- Pajama pants
- Slippers
- Crop tops or excessively revealing clothing
- Jeans with excessive holes or rips
- Clothing displaying inappropriate words, images, or logo
- No tying or altering tops or hoodies in a way that exposes the lower back

Students who arrive in inappropriate clothing may be asked to change, may be provided with a Confirmation gown or other appropriate covering for Mass, or a parent/guardian may be contacted.

PRE-CONFIRMATION INTERVIEW

All candidates are required to complete a **Pre-Confirmation Interview** as part of their preparation.

Information and instructions regarding the interview will be provided during the **first class on Sunday, October 11, 2026**.

SIGNED ACKNOWLEDGEMENT

Please see the **Acknowledgement Form on the next page**. Complete, sign and return the form on the first day of class, **Sunday, October 11, 2026**.

2026-2027 Confirmation Year 1 & 2 (REVISED)

Sunday Classes | 10:00 AM – 1:00 PM

Class: 10–11 AM | Mass: 11 AM–12 PM | Class: 12–1 PM

MONTH	CLASS DATES
October	11, 25
November	8, 29
December	6, 13
January	10, 24
February	7, 28
March	7, 21
April	4, 18
May	16, 30

ATTENDANCE POLICY: Regular and consistent participation is an essential part of Confirmation preparation. Students are expected to attend **all scheduled classes, required activities, and Sunday Mass.** **There are no automatically permitted or “free” absences.** Students must arrive on time and remain for the entire class from **10:00 AM–1:00 PM**. Repeated absences, tardiness, early departures, or missed portions of class will be considered an attendance concern.

Attendance will be reviewed based on the reason, frequency, and overall participation of the student. Illness, severe weather, or a family emergency may be considered valid reasons for an absence. Parents should contact the Religious Education Office whenever a student will be absent. For students preparing to receive Confirmation, consistent attendance, punctuality, participation, and regular Mass attendance are part of determining readiness and may affect successful completion of the program or reception of the sacrament.

MASS ATTENDANCE: The **11 AM Sunday Mass is part of the Confirmation curriculum and is required.** Students must remain with the program after Mass and return to class from **12–1 PM**. Students may not leave after Mass unless prior arrangements have been made with the parent/guardian and teacher. Parents and sponsors are always welcome to attend class and are encouraged to join the students for the 11:00 AM Mass.

WEATHER CLOSURES: During severe winter weather, classes may be canceled or postponed. Any canceled class may be rescheduled, and families will be notified of changes.



St. Theresa Catholic Church Confirmation Program

CONFIRMATION PARENT COMMITMENT

- I promise to support my student in fulfilling his/her Confirmation promise. I understand my example of Faith will be a model for my student.
- I will make sure my student attends each preparation session, especially the 1st two classes in OCTOBER. In the event of an absence, I will work with the Confirmation teachers in order to ensure that my student is caught up to the material being covered in class. I understand that missing class for sports events, dance events and anything extracurricular is not a viable excuse to miss a Confirmation session. **CONFIRMATION CLASS MUST BE A TOP PRIORITY ABOVE OTHER ACTIVITIES.** Seriously inclement weather, illness, or a family emergency is a valid excuse.
- I will monitor my candidate's attire/clothing for Class and Church. I will make sure they are dressed appropriately and modestly. (No pajama pants, slippers, hats, hoods, half-shirts, or inappropriate logos)
- I will attend Mass weekly with my candidate. I will give my student encouragement and support and will approach participation in this program with a positive attitude.
- I recognize that I am the primary teacher of faith for my student. I will give my time and talents to support my student's faith development. I will also discuss the weekly gospel readings each month, asking them what they've learned and how they've grown.
- I support the Confirmation process and I will help whenever I am able.

Parent of (Student's name) : _____

Parent's printed Name: _____

Parent's Signature: _____ Date: _____



CANDIDATE COMMITMENT

"For I know the plans I have for you, says the Lord, plans for welfare and not for evil, to give you a future and a hope." **Jeremiah 29:21**

As a baptized Catholic, I am preparing for reception of the Sacrament of Confirmation, by which I will be more perfectly bound to the Catholic Church and enriched with a special strength of the Holy Spirit to spread and defend the Faith as a witness of Christ.

As a candidate for Confirmation, I promise the following:

- I will approach my Confirmation journey with an open mind and an open heart.
- I will attend and fully participate in all sessions and activities.
- I will be respectful of the leaders and facilitator of the program and show appreciation for their time and effort.
- I will show respect to those in my class who are on the journey with me.
- I will make a conscious effort to spend time each day in prayer to open my mind and heart to the working of the Holy Spirit and commit to prayer especially for growth in faith, hope and love.
- I will make a true effort to attend Mass every Sunday and on all Holy Days of Obligation, so that I can discover and express my union with my community.
- I will receive the Sacrament of Reconciliation before my Confirmation.
- I will accept more responsibility in my family, parish, and community by putting my talents and gifts at the service of others.

As I make these promises I ask God to give me the grace to be open to His plans for my life-plans He reveals to me in prayer, in my talents and aspirations, and in the encouragement of those who know and love me. I place myself in the loving embrace of the Father, Son, and Holy Spirit in asking for help in fulfilling this commitment.

Name of Candidate: (Print) _____

Signature of Candidate: _____ **Date:** _____

Witnessed by: Signature(s) of Candidate's Parent(s)/Legal Guardian(s)



Confirmation Youth Code of Conduct (7th-12th grade)

Student's Name: _____ Grade _____

-I agree to respect the rights and property of others. I understand that vandalism/stealing will not be tolerated. Financial obligations that result from such behavior will be the sole responsibility of myself and my family.

-I agree to demonstrate Christian values by my language and behavior.

*I agree to dress appropriately and modestly for Mass during class. A student will be sent home for inappropriate dress and may be dismissed from the program.

-I understand that the following behavior is appropriate conduct.

**Handshakes and high fives*

**Verbal praise*

**Holding hands during prayer*

-I understand that the following behaviors are samples **of inappropriate conduct**. Please note that this list is not exhaustive.

****Punching, kicking, or hitting; pulling on arms, legs, or other body parts or clothing***

****Inappropriate touching and/or sitting in constant contact with another student***

****Verbal sarcasm***

****Any form of unwanted affection***

****Compliments that relate to a youth's body***

-I agree not to possess any drugs, tobacco, alcohol, knives, cigarette lighters, vape or dab pens, or items that would endanger people, pets, wildlife, or property or are illegal.

-I will follow the teacher's guidelines for cell phone usage, air pods and Apple watches. If the guidelines are abused, the Items will be confiscated until the end of class.

-I will be open to building new relationships with my peers and adult leaders.

I, as a participant, agree to abide by these guidelines.

Student Signature: _____ Date: _____

I, as the parent/guardian of this participant, agree to these guidelines for my student.



SOCIAL, MEDIA, TEXT, AND PHOTO RELEASE.

Social Media (Facebook, snapchat, Instagram, Twitter, etc.) and text messaging are forms of communication and are utilized within St. Theresa Parish to connect with students and families about upcoming events, build relationships and form the spirit with periodic reflections. We also utilize photographs of the events to update the parish of our happenings.

Use of these tools is not required, and no parent should feel that their decision not to allow their student to communicate in this matter will have an impact on their student.

-The volunteers who maintain a texting and social networking presence for the purpose of communicating with students and parents of St. Theresa Church will:

- Limit communication to matters, volume and times within the scope of ministerial responsibilities*
- Consistently communicate with IT person about any social media concerns that arise.*
- Maintain a positive, Catholic, and accessible social media presence, open to all candidates within the program.*

TEXT MESSAGING CONSENT:

I give my student permission to access and use texting with St. Theresa Catholic Church employees and volunteers for ministerial purposes. I understand that I have a right to participate in the social media site and receive the same information my child does. I understand I can withdraw permission for my child to participate at any time by giving written notice to the DRE.

I give permission for my student to communicate via Facebook, Snapchat, Twitter, Instagram and other forms of social media.

Parent Signature: _____ **Date:** _____

PHOTO RELEASE CONSENT

I hereby authorize St. Theresa Catholic Church and its employees/volunteers to utilize my child's photographic images for the specific purpose of publication of St. Theresa Catholic Church events, including promotional materials.

Parent Signature: _____ **Date:** _____

CONFIRMATION SPONSOR INFORMATION

Confirmation Candidate Name: _____

Grade: _____

Sponsor's Name: _____

Sponsor's email address: _____

Interview Questions-Candidates ask their sponsors the following questions:

Date: _____

1. What was your Confirmation Saint Name?

2. Why did you Choose that name?

3. Who is your favorite Saint?

4. What is your favorite image of Jesus?

Why?

5. How do you see Jesus personally?

NEW SPONSOR REQUIREMENT

ALL SPONSORS ARE REQUIRED TO PROVIDE A COPY OF THEIR OWN CONFIRMATION CERTIFICATE.

Sponsor's Role, Responsibilities, and Selection

The sponsor is invaluable in transmitting and sharing faith with the Confirmation Candidate. The sponsor needs to be able to fulfill several requirements:

- ◆ **The church requires that the sponsor be an active, practicing Catholic who has already celebrated the sacrament of Confirmation.** The church recognizes that a person cannot transmit what the person does not have.
- ◆ It is important that the sponsor be more mature, more informed, and more experienced in the ways of our faith and culture than the candidate is.
- ◆ The sponsor should be a person who already has a trusting relationship of some sort with the candidate.
- ◆ It is recommended that the sponsor be an older person who has some experience with his or her faith and, hence, a clear perspective from which to speak. The sponsor needs to be older than 16 years of age. **Parents cannot be sponsors.**
- ◆ The sponsor needs to be willing to meet with the candidate on a regular basis prior to the celebration of Confirmation and to make a commitment to continue the faith journey after the celebration of Confirmation.

THE SPONSOR IS

- ◆ one who is willing to share his or her faith with the candidate
- ◆ an assistant to the parents as the prime transmitters of the faith
- ◆ to “walk and talk” with the candidate on the faith journey
- ◆ to be an older friend or relative in whom the candidate can confide.

The sponsor needs to be an open, honest, caring, committed, and encouraging person who will help the candidate grow in his or her understanding of the faith as the young person comes to a deeper appreciation of God in his or her life.