

# Blessed is She

daily grace for pondering hearts.

## Introducing a Catholic

## women's ministry for the

## South Lake Tahoe area!

*Blessed Is She is a community of Catholic women of all ages and backgrounds, coming together in sisterhood to share in life's journey and foster community.*

- ◆ Each week we will examine, reflect on and discuss a particular aspect of the fundamentals and teachings of the Catholic Church and how it touches our lives as women.
- ◆ Monthly we will gather, offering an optional video workshop on subjects relating to our journey in life.
- ◆ Throughout the year we will offer other opportunities to gather and celebrate with other Blessed Is She women who belong to groups all over the region.

*Our first study is on our Catechism and it has seven subjects, including:*

*Ways to pray*

*God the Father, Son and Holy Spirit*

*The Beatitudes*

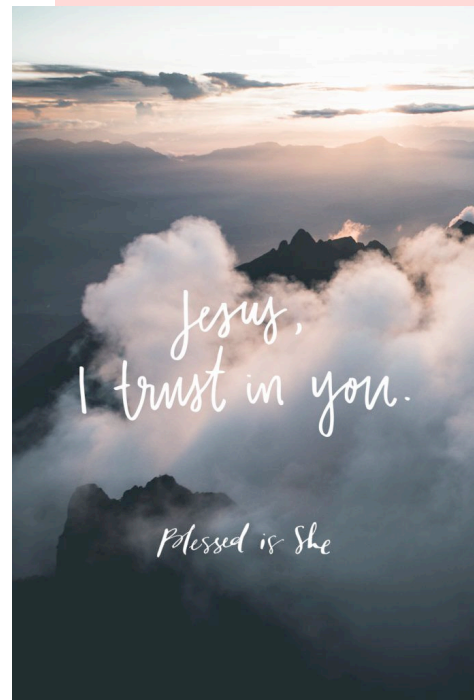
*The Sacraments*

*The Ten Commandments*

*The Our Father*

*The Virtues*

*Each subject lasts seven weeks*



*Created to help Catholic women to become familiar with scripture and explore the truths and traditions of their Catholic faith.*

- I am interested in joining the Blessed Is She ministry of women and would like to be placed on the list for the first study which will begin the last week of September. My availability for the current scheduled session is:

Mon AM / PM      Tue AM / PM      Wed AM / PM      Thu AM / PM      Fri AM / PM

- I am unavailable to commit to an 7 week program at this time, but would like to be contacted for a future study.

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

For more information contact: Bridget Spencer @ (916) 595-2570 or Johana Jesteadt @ (516)263-5465

Facebook @ Blessed Is She / Community or <https://blessedisshe.net/community>