



# Saint Theresa of Lisieux Parish

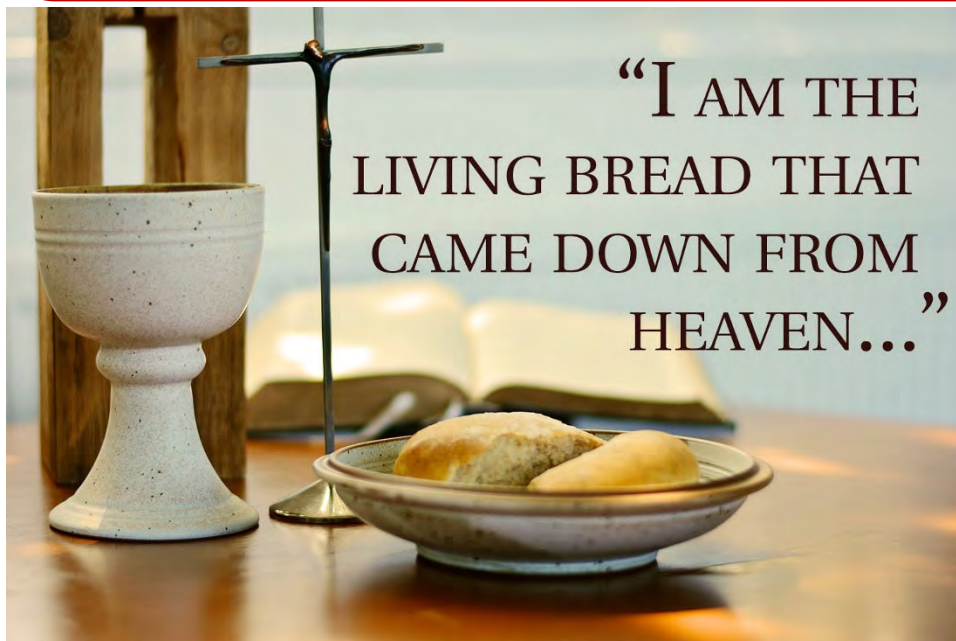
1041 Lyons Avenue, South Lake Tahoe, CA 96150-8241

Tel. (530) 544-3533 | Fax (530) 544-4662

sttheresa@tahoecatholic.com | www.tahoecatholic.com  
facebook.com/tahoecatholic | instagram.com/tahoecatholic



EST 1951  
Diocese of Sacramento



“I AM THE  
LIVING BREAD THAT  
CAME DOWN FROM  
HEAVEN...”

**JUNE 7, 2026**

**SOLEMNITY OF THE  
BODY AND BLOOD OF  
CHRIST  
CORPUS CHRISTI  
YEAR A**

Deuteronomy 8:2-3, 14b-16a  
Psalms 147:12-13, 14-15, 19-20  
1 Corinthians 10:16-17  
John 6:51  
John 6:51-58

**READINGS FOR THE WEEK | bible.usccb.org/daily-bible-reading**

Tuesday: 1 Kings 17:7-16; Psalms 4:2-3, 4-5, 7b-8; Matthew 5:16; Matthew 5:13-16  
Wednesday: 1 Kings 18:20-39; Psalms 16:1b-2ab, 4, 5ab and 8, 11; Psalms 25:4b, 5a; Matthew 5:17-19  
Memorial of St. Barnabas, Apostle: Acts 11:21b-26; 13:1-3; Psalm 98:1, 2-3ab, 3cd-4, 5-6; John 13:34; Matthew 5:20-26  
Solemnity of the Most Sacred Heart of Jesus: Deuteronomy 7:6-11; Psalm 103:1-2, 3-4, 6-7, 8, 10; 1 John 4:7-16; Matthew 11:29a  
Saturday: 1 Kings 19:19-21; Psalm 16:1b-2a and 5, 7-8, 9-10; Psalm 119:36a, 29b; Matthew 5:33-37  
11th Sunday in Ordinary Time: Exodus 19:2-6a; Psalm 100:1-2, 3, 5; Romans 5:6-11; Mark 1:15; Matthew 9:36-10:8

## SUNDAY MASS TIMES

Saturday | 5:30 PM  
Sunday | 9 & 11 AM | 7 PM (Spanish)

## DAILY MASS

Monday - Friday | 12PM

**FIRST FRIDAY**  
5PM

## EUCCHARISTIC ADORATION

Monday—Friday  
11:30AM-12PM | 5-6PM

## CONFESSIONS

Monday—Friday | during adorations  
(approach Father in the church)  
Saturdays | 4-5PM (in confessional)  
Also available by appointment

## PARISH OFFICE HOURS

Monday—Friday | 9AM-4PM  
(closed for lunch 12-1PM)

## SACRAMENTS & MINISTRY

Anointing of the Sick 530.544.3533  
& Fr. Joseph—916.508.5048 (cell)  
Weddings 530.544.3533  
Baptism/RCIA 530.544.4788  
Bread & Broth breadandbroth.org  
Back Door Pantry Friday | 3-4:30 PM  
fdixon0714@gmail.com | 530.659.3936

## PAROCHIAL ADMINISTRATOR

Fr. Joseph Sebastian, CMI  
frjoestc@tahoecatholic.com  
(cell) 916.508.5048  
(office) 530.544.3533 ext. 1

## STAFF

Alejandra Jimenez, Parish Secretary  
530.544.3533  
Susan Lohmeier, Bookkeeper  
bookkeeper@tahoecatholic.com  
Maureen (Moe) Leonard, Music Director  
530.307.0151 | moeleonard@yahoo.com  
Karin Holmes, Music Minister  
Danette Winslow, Director, Faith Formation  
sttheresare@gmail.com | 530.544.4788  
Joanie San Agustin, Technology Minister  
tahoecatholicbulletin@gmail.com

## MINISTRIES AND SACRAMENTS

### PREGNANT? NEED HELP?

With love and prayer, we support women in crisis pregnancies. Confidential help: (530) 544-3533.



**BAPTISMAL PREPARATION CLASSES**  
Call or visit the Religious Education Office  
530.544.4788  
SCHEDULE: [tahocatholic.com/baptisms](http://tahocatholic.com/baptisms)

### myParish APP

Stay connected—download the myParish app for easy access to parish info and event alerts.



### ST THERESA BACK DOOR PANTRY

The Backdoor Pantry offers free food for those in need. It is located on the southside of Grace Hall the first window. The Back Door Pantry is open every Friday from 3-430pm. If you would like to donate to the Back Door Pantry, there is a drop-off pantry box located at the back of the Church. Please, only non-perishable foods (no fresh or frozen items). Thank you.



### KNIGHTS' CORNER



The Knights of Columbus are known worldwide for our extensive works of charity. Our reputation is well-deserved. Joining the Knights of Columbus, you become part of the largest Catholic fraternity in the world. As you grow in faith, you are supported by a true brotherhood built on shared values — and on a shared desire to be the men God has called you to be. Join your local council for even more support from Catholic men. Contact Grand Knight Romeo Alaoen at 530-318-4408 to join.

**PANCAKE BREAKFAST—First Sundays of every month in Grace Hall after the 9AM Mass**



**Bread & Broth**, a ministry of St. Theresa Catholic Church, is an all-volunteer, community food outreach program whose mission is to ease hunger in the Lake Tahoe South Shore community. Our hot, nutritious meals are served twice weekly to all who come to our doors and our B&B 4 Kids program provides healthy, kid-friendly food to children from the ages of 18 months up to 18 years of age during the school year and school summer break. If you are interested in volunteering or making a monetary or food donation, please visit our website, [breadandbroth.org](http://breadandbroth.org).  
FACEBOOK /INSTAGRAM : @breadandbrothtahoe



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FORMED

### VOCATIONS & STEWARDSHIP

A vocation is a calling. For Catholics it means the state of life God asks us to live. There is one vocation for every baptized person and that is holiness. Holiness is living constantly in the presence of God and having a living relationship with God. This relationship is cultivated by prayer and the Sacraments. Everyone is also called to a particular vocation in life, beyond living a life of holiness. Let us all pray that each one of us finds our vocation in the church. Let us also pray for more priests.

**Prayer for all vocations is recited every second Sunday of the month.**



### DEVOTIONS TO OUR LADY OF PERPETUAL HELP

Wednesdays after the noon Mass. in the Church with the Rosary, Divine Mercy chaplet, and novena prayers to Our Lady of Perpetual Help.

### THE LITTLE WAY FELLOWSHIP | @littlewayfellowship



**“Do not be misled: Bad company corrupts good character.” - 1 Corinthians 15:33**

Accompany Us For: Meet and Greet | Saint Analysis | Bible Study | Mass | Adoration | And More! | Follow us on Instagram for weekly updates!

For more information: Contact Brian Grajeda: (530)318-0916 | [brianjgrajeda@gmail.com](mailto:brianjgrajeda@gmail.com)

### INTENTIONS OF THE HOLY FATHER

**JUNE** | For the values of sports. Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

<https://www.popesprayer.va/pray/#intentions>

*Save the Date* Thursday | September 3, 2026

St. Theresa Parish Annual Father Grace Memorial Golf Tournament

TAHOECATHOLIC.COM/GOLF2026

## CORPUS CHRISTI

We celebrate two great feasts centered on the Eucharist. The first is Holy Thursday, when we remember the institution of the Holy Eucharist at the Last Supper. The second is today's feast, Corpus Christi, the celebration of the Body and Blood of Christ. Today the Church proclaims with joy that Jesus is truly present in the Eucharist. Not symbolically alone, not merely spiritually, but truly and really present and the word "Eucharist" comes from the Greek word meaning "thanksgiving." Every Mass is first a thanksgiving to God for all the blessings He has given us: life, family, faith, forgiveness, and salvation through Jesus Christ.

This feast began in the 13th century when Pope Urban IV established it for the universal Church. He asked the great theologian Saint Thomas Aquinas to compose the prayers and hymns for this feast. From his genius came beautiful Eucharistic hymns such as *Pange Lingua* and *Tantum Ergo*, hymns that still move our hearts today. For centuries, Catholics celebrated this feast with Eucharistic processions through towns and villages. The Blessed Sacrament was carried through the streets while people sang hymns and prayed litanies. Why? Because Catholics believe that the Eucharist is not merely a symbol. The Eucharist is Jesus Himself — truly present: Body, Blood, Soul, and Divinity. That is why Catholics throughout history risked their lives for the Mass. That is why martyrs died protecting the Eucharist. Therefore, the question is: how do we attend Mass properly?

Today, dear brothers and sisters, we reflect on the beautiful teaching of Jesus from the sixth chapter of John's Gospel — the Bread of Life discourse. This chapter is the heart of our Catholic faith in the Holy Eucharist.

**First, we see the multiplication of the loaves.** A small amount of bread becomes enough to feed thousands. What does this show us? It shows that when bread is placed into the hands of Jesus, He can change it. He is not limited by human understanding. He can multiply it, transform it, and use it according to His divine will. The ordinary becomes extraordinary in the hands of Christ.

**Second, we see Jesus walking on the water.** Normally, a human being cannot walk on water. A stone sinks. Metal sinks. Even wood sinks unless its structure is changed into a boat or a ship. But Jesus walks upon the sea. Why? Because He is Lord over creation. He can change the properties of nature itself. He has authority over the laws of the world. This also teaches us that Jesus has power over His own body. If He can walk on water, calm the sea, heal the sick, and raise the dead, then surely, He can make bread become His Body.

These two miracles prepare us for the great teaching that follows. Then Jesus says clearly: "I am the living bread that came down from heaven." He tells the people, "Whoever eats my flesh and drinks my blood has eternal life." The crowd became shocked and offended. For the Jewish people, drinking blood was unthinkable and unacceptable. Many could not accept this teaching. And for the first time in the Gospel, many disciples walked away from Jesus.

Now notice something important. Jesus did not stop them. Usually, Jesus was full of mercy and compassion. He would search for the lost sheep. He would forgive sinners. But here, He makes no compromise. He does not say, "Wait, you misunderstood me. It is only symbolic." No. Instead, He turns to Peter and the apostles and asks, "Do you also want to leave?" Why? Because the Eucharist is not a symbol only. It is truly Jesus Himself — His Body, Blood, Soul, and Divinity.

Dear friends, Jesus performed miracles without suffering. To multiply bread, He did not need to shed blood. To walk on water, He did not need the Cross. To heal the sick, He did not need to die. But for the Eucharist, He chose suffering. He allowed His body to be broken on the Cross. He shed His Precious Blood. He suffered and died so that He could remain with us in the Holy Eucharist forever. The Eucharist is not cheap grace. It is the fruit of Calvary. Every Mass makes present the sacrifice of Jesus on the Cross. Sometimes people come to God only for material blessings — healing, success, money, or solutions to problems. But Jesus says today: "I myself am your food. I myself am your strength. I myself am enough for you." The greatest miracle is not multiplication of bread. The greatest miracle is that the Son of God becomes our food. How can the Eucharist become a living experience for us?

**A First, participate actively and thankfully.** Mass is not a show to watch. It is not something we attend with a distracted mind. We come to thank God. When we sing, pray, respond, and listen attentively, we offer ourselves to God. Even if life is difficult, the Eucharist reminds us that gratitude opens our hearts to grace.

**Second, receive the Eucharist with mind and heart.** Sometimes Holy Communion can become mechanical. We walk forward simply because everybody else does. But at that sacred moment, remember you are receiving Jesus Himself. The same Jesus who healed the sick, forgave sinners, died on the Cross, and rose again is coming into your heart. Receive Him consciously, reverently, and lovingly.

**Third, speak to Jesus intimately.** Before Mass and after Mass, spend a few moments in silence with Him. Many churches have Eucharistic adoration or quiet time before the Blessed Sacrament. Speak to Jesus as your friend. Tell Him your worries, your fears, your gratitude, your hopes. Relationships grow only when we spend time together.

Finally, the Eucharist becomes powerful when we invest ourselves in it. Think of going to a bank like Bank of America and trying to withdraw money without having anything in your account. We cannot expect deep spiritual fruits if we give no attention, prayer, or love to the Eucharist. The more we invest ourselves — our faith, devotion, time, and love — the more grace we receive. Throughout history, God has even allowed Eucharistic miracles in different parts of the world to strengthen faith in the Real Presence of Jesus. These remind us that Christ is truly alive in the Blessed Sacrament. On this feast of Corpus Christi, let us pray for grace not to take the Eucharist for granted. May every Mass become a true encounter with Jesus. And may the Body of Christ transform our lives with faith, love, and holiness. Amen.

Most Holy Body   
✠ Blood of Christ

OFFERINGS	05/31/26
Envelope	\$1,178.00
Non-envelope	\$3,893.49
Online giving (5/31)	\$530.00
Online giving (5/24)	\$805.00



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**MASS TIMES AND INTENTIONS**

<b>Saturday   June 6   St Norbert of Xanten, Bishop</b>	
5:30pm	✠ Cres Samaro, by Debbie McKeon
<b>Sunday   June 7  </b>	
9:00am	✠ Jane O'Dea Cook, by the Sheehans
11:00am	St. Theresa parishioners
7:00pm	Spanish Mass intentions
<b>Monday   June 8  </b>	
12:00pm	Lucas Schembri (special intention) by Magdalena Schembri
<b>Tuesday   June 9   St. Ephrem, Deacon &amp; Doctor</b>	
12:00pm	Anna Zepeda (bday), by Anna Zepeda
<b>Wednesday   June 10  </b>	
12:00pm	✠ Krystyna Skrzynecka, by Magdalena Schembri
<b>Thursday   June 11   St. Barnabas, Apostle</b>	
12:00pm	✠ Joseph Skrzynecka, by Magdalena Schembri
<b>Friday   June 12   Most Sacred Heart of Jesus (Solemnity)</b>	
12:00pm	✠ Patrocimo Morales, by Anna Zepeda
<b>Saturday   June 13   Immaculate Heart of Mary (Memorial)</b>	
5:30pm	Monsignor Wallace (bay), by Louise

**CONSECRATION OF THE U.S. TO THE SACRED HEART OF JESUS  
JUNE 2026 | DIOCESE OF SACRAMENTO**

In June 2026, as part of the celebration of the 250th anniversary of the signing of the Declaration of Independence, the U.S. bishops will consecrate the United States of America to the Sacred Heart of Jesus. Parishes around the country are encouraged to join the bishops in consecrating our nation to the Sacred Heart in June. In the Diocese of Sacramento, Bishop Soto is inviting all parishes to complete 250 hours of Adoration of the Blessed Sacrament and 250 Works of Mercy during the month of June.

Visit [www.scd.org/consecration](http://www.scd.org/consecration) on how to log your hours.

**PRAYER REQUESTS**

**FOR PARISHIONERS ON ACTIVE MILITARY DUTY:** Logan Bevins | Andrew Coen | Matthew Coen | Sean Finn | Ben Fry | Phillip Gaston | Corbett Martin | Zachary Martin | Ivan Tarango

**FOR THOSE WHO ARE ILL:** James Alsbury | Steve Anderson | Andy Ansotegui | Taylor Bates | Bill Barboni | Heather Barnet | Teresita Beltran | Jena Caro | Brett Forrest | Michael Forrest | Michael Galliano | Salvador Gonzalez | Albert Gualano | David Gualano | Mary Lou Jarrett | Jerry Kirvida | Karen Kleiner | Danilo Magpusao | Norma Mallari | Byron Melrose | Haley Merkley | Matthew Morisky | Wynne Morrill | Pat Murphy | Iretth Murray | Jamie O'Malley | Cherry Oineza | Napoleon Oineza, Jr. | Mikie Peacock | Edita C. Romero | Tony Russo | Aida Salenga | Mila Seal | Derrek Sheets | Juana Simental | Rafael Simental | Cole Miller Whitney

**PRAYER REQUESTS**

If you would like to add to the prayer list, please send an email with your loved one's name along with your name and phone number to [tahocatholicbulletin@gmail.com](mailto:tahocatholicbulletin@gmail.com).

## MASS ANNOUNCEMENTS FOR JUNE 6/7


(To be read by one of the lectors after communion.)

1. Details from the following announcements are in our online bulletin version and website at [tahoecatholic.com](http://tahoecatholic.com).
2. **(5:30PM MASS ONLY)** There will be a Corpus Christi procession TOMORROW after the 9am and 7 pm Masses.
3. **(9AM MASS ONLY)** The Knights of Columbus are having their monthly pancake breakfast after the 9 am Mass in Grace Hall. Please join us for a delicious breakfast of pancakes, eggs, and sausage.
4. **(9AM MASS ONLY)** There will be a Corpus Christi procession TODAY after the 9am and 7 pm Masses.
5. Stay informed and engaged with parish life by downloading the myParish app. Access schedules, receive event notifications, and explore parish resources—all in one place.
6. For the month of June 2026, parishes around the country are encouraged to join the bishops in consecrating our nation to the Sacred Heart in June. The Diocese of Sacramento, Bishop Soto is inviting all parishes to complete 250 hours of Adoration of the Blessed Sacrament and 250 Works of Mercy during the month of June. Visit [www.scd.org/consecration](http://www.scd.org/consecration) on how to log your hours.
7. Thank you.

# CORPUS *Christi*

Join the procession after the  
9:00 am English Mass and the  
7:00 pm Spanish Mass.

Sunday | June 7, 2026


 Saint Theresa  
Catholic Church  
1041 Lyons Avenue  
South Lake Tahoe  
California 96150



# CORPUS *Christi*

Únase a la procesión después  
de la misa en inglés de las 9:00  
a. m. y de la misa en español de  
las 7:00 p. m.

Domingo | 7 de junio de 2026

 Iglesia Católica  
Santa Teresa  
1041 Lyons Avenue  
South Lake Tahoe  
California 96150





# *Pilgrim Days*

Join us for a series of Spiritual Itineraries for the St. Francis of Assisi Jubilee Year at St. Francis of Assisi Catholic Church, Sacramento. Spiritual Itineraries will involve receiving plenary indulgences, visiting the parish gardens, our shrine of St. Francis, and our beautiful church during the following Saturdays from 8:30 am -12:00 pm.

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Saturday, April **04**

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Saturday, May **30**

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Saturday, June **27**

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Saturday, July **18**

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Saturday, August **22**

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Saturday, September **26**

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Saturday, October **3-4**

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Saturday, November **21**

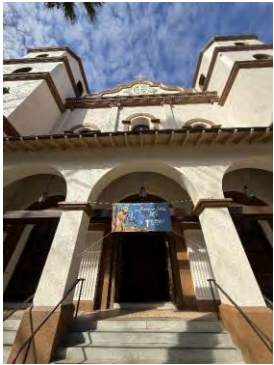
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Saturday, December **12**



## Jubilee Year of St. Francis of Assisi

The Holy Father, Pope Leo XIV, has proclaimed a Special Jubilee Year of Saint Francis of Assisi. The year takes place from January 10, 2026 to January 10, 2027, commemorating the 800th anniversary of the death of our beloved St. Francis. St. Francis was born Giovanni di Pietro di Bernardone in 1182 or 1183 and he was an Italian mystic, poet, and Catholic friar who founded the religious order of the Franciscans.



During this blessed Jubilee year, the entire Church is invited to look once again to St. Francis of Assisi, the Poverello, and to follow his shining example of holiness, humility, peace, simplicity, and love for all creation.



The Apostolic Penitentiary has granted a plenary indulgence, under the usual conditions, to all the faithful who participate devoutly in the jubilee celebrations.

As a parish proudly bearing the name of St. Francis of Assisi, this Jubilee holds special meaning for our parish. We are blessed to be a place of pilgrimage, where the faithful can encounter God's mercy, renew their faith, and grow in charity.

The grace of this Jubilee is open to everyone:

- Members of the Franciscan family and all religious inspired by Franciscan spirituality.

- All the faithful who, free from attachment to sin, make a pilgrimage to a Franciscan church or a church dedicated to St. Francis.
- The elderly, the sick, and those unable to travel, may share in the indulgence by spiritually uniting themselves to the Jubilee and offering their prayers and sufferings to God.



This Jubilee Year is a providential time of renewal and sanctification, calling us to transform our faith into concrete acts of love, mercy, and peace, and to become joyful witnesses of the Gospel in today's world.

May this Jubilee Year of St. Francis be for all a time of profound grace,

renewed faith, and joyful missionary witness—all for the glory of God and the good of the whole Church.



This historic Roman Catholic community, was established 136 years ago through the collaboration between the Diocese of Sacramento and the Province of Our

Lady of Guadalupe's Franciscan Friars. Our church is modeled after the Old Mission Santa Barbara and it features over 40 stained-glass windows, beautiful murals, and a 1915 pipe organ. In 2016, there was a pastoral transition from the Franciscan Friars to the Diocese of Sacramento. Our parish continues to serve as a spirited community of faith, committed to spiritual growth, healing, and serving the poor.

Our St. Francis of Assisi Catholic Church has many ministries to serve the community, parish, and school. These ministries include:

- Liturgical Ministries such as lectors; eucharistic ministers; altar servers; acolytes, music and worship; and sacramental preparation.
- Religious education and catechesis for children and adults.
- Social Justice Ministries such as Pathways for Justice, and St. Vincent de Paul Conference to address community needs through outreach and advocacy.
- Parishioners are also very actively engaged in many other ministries such as St. Clare's Communion Visitation; pastoral and finance councils; and hospitality.



Under the leadership of Fr. Amer Awad, St. Francis of Assisi Catholic Church is a spirited and welcoming community. We earnestly invite you to our church and look forward to worshipping with you at Mass. Check

our church website often for a listing of Jubilee events.

Website: [www.stfrancisparish.com](http://www.stfrancisparish.com)  
Donate: [go.stfrancisparish.com/donate](http://go.stfrancisparish.com/donate)  
Livestream:  
[go.stfrancisparish.com/youtube](http://go.stfrancisparish.com/youtube)  
Facebook: [facebook.com/SFAPSacramento](https://facebook.com/SFAPSacramento)

St. Francis of Assisi Catholic Church, 1066  
26th Street, Sacramento, CA 95816, (916)  
443-8084, [info@stfrancisparish.com](mailto:info@stfrancisparish.com)



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OR CONTACT THE OFFICE



**TICKET PRICING:**

\$5 STUDENTS (K-12)  
\$15 ADULTS  
\$60 GROUP OF 6 ADULTS  
(SAVE \$30)

**TUESDAY**

**6/16**

**7:00PM**

**DOORS OPEN 6:30PM**

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(916) 733-0258 or [msmithscd.org](http://msmithscd.org)



Join us for the Diocese of Sacramento

# 13<sup>TH</sup> ANNUAL VOCATIONS BENEFIT DINNER

Saturday, July 11, 2026 - 4:00 pm →



Northern California Chapter  
Of the  
Knights of Columbus  
Serving the Diocese  
of  
Sacramento

Hosted by: **Knights of Columbus Council 16255**  
**St. Joseph Catholic Church**  
**1791 Marshall Road, Vacaville, CA 95687**

2026 Theme: **“CALLED TO SERVE THE LORD”**



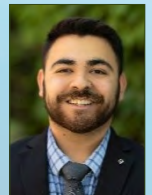
- **Meet the Diocese of Sacramento Seminarians!**
- **Support our Seminarians!**
- **Fellowship with parishioners throughout the diocese!**
- **Silent & Live Auctions!**

## GUEST SPEAKERS

Diocese of Sacramento Seminarians



**Kellen  
Lake**



**Humberto  
Partida, Jr.**

## Special Guest



**Most Reverend  
Jaime Soto**  
Bishop of  
Sacramento

## Master of Ceremonies



**Bob Dunning**  
Host  
KSMH-AM 1620  
The Bishop's  
Hour

## RESERVATIONS

- **Mail in your reservation with a Check to:**  
*(Checks payable to Knights of Columbus Council 16255)*  
**SK George Bagley**  
Chapter Vocations Chair  
1091 Red Mulberry Court  
Vacaville, CA 95687-8001
- **Register with your local parish Knights of Columbus Council**

**Questions:** **SK George Bagley**  
707-372-4913 - [districtdeputy15@gmail.com](mailto:districtdeputy15@gmail.com)

**Cost:** **\$550/Table(8)** or **\$75/Individual** *(If received by June 27, 2026)*  
**\$575/Table(8)** or **\$80/Individual** *(If received after June 27, 2026)*  
**(Cash and Checks accepted)**

WHERE ARE YOU GOING?

# QUO VADIS?

2026



**DISCERNMENT  
RETREAT**  
BOYS 13-17 YEARS OLD  
Space is limited

- **CALL TO HOLINESS**
- **MARRIAGE**
- **SINGLE LIFE**
- **PRIESTHOOD**
- **RELIGIOUS LIFE**

**FRIDAY 4:00PM  
JULY 31  
TO SATURDAY 7:00PM  
AUGUST 1**

**LOCATION:** Marelo Youth Retreat Center  
6530 Wells Ave.  
Loomis, CA 95650

**REGISTRATION:** \$100 (includes meals)  
This is an overnight stay retreat  
Registration deadline: July 17, 2026



Join us and consider where God might be calling you:  
Priesthood, Diaconate, or Married Life.  
Come for fellowship, games, Mass, adoration, and more!

**MORE INFORMATION**  
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# Parroquia de Santa Teresa de Lisieux

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Diocese of Sacramento

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“YO SOY EL  
PAN VIVO QUE HA  
BAJADO CIELO...”

## 7 DE JUNIO DE 2026

**SOLEMNIDAD DEL  
CUERPO Y LA SANGRE  
DE CRISTO  
CORPUS CHRISTI  
CICLO A**

Deuteronomio 8:2-3, 14b-16a  
Salmos 147:12-13, 14-15, 19-20  
1 Corintios 10:16-17  
Juan 6:51  
Juan 6:51-58

### LECTURAS DE LA SEMANA | BIBLE.USCCB.ORG/DAILY-BIBLE-READING

Lunes: 1 Reyes 17:1-6; Salmos 121:1bc-2, 3-4, 5-6, 7-8; Mateo 5:12a; Mateo 5:1-12  
Martes: 1 Reyes 17:7-16; Salmos 4:2-3, 4-5, 7b-8; Mateo 5:16; Mateo 5:13-16  
Miércoles: 1 Reyes 18:20-39; Salmos 16:1b-2ab, 4, 5ab y 8, 11; Salmos 25:4b, 5a; Mateo 5:17-19  
Memoria de San Bernabé, apóstol: Hechos 11:21b-26; 13:1-3; Salmo 98:1, 2-3ab, 3cd-4, 5-6; Juan 13:34; Mateo 5:20-26  
Solemnidad del Sagrado Corazón de Jesús: Deuteronomio 7:6-11; Salmo 103:1-2, 3-4, 6-7, 8, 10; 1 Juan 4:7-16; Mateo 11:29a  
Sábado: 1 Reyes 19:19-21; Salmo 16:1b-2a y 5, 7-8, 9-10; Salmo 119:36a, 29b; Mateo 5:33-37  
Undécimo Domingo del Tiempo Ordinario: Éxodo 19:2-6a; Salmo 100:1-2, 3, 5; Romanos 5:6-11; Marcos 1:15; Mateo 9:36-10:8

#### MISAS DOMINICALES

Misa de Vigilia el sábado 5:30 PM  
Domingo 9 & 11 AM  
7 PM (español)

#### MISA DIARIA

lunes a viernes 12PM  
PRIMER VIERNES | 5PM

#### ADORACIÓN EUCARÍSTICA

lunes a viernes | 11:30AM-12PM, 5-6PM

#### CONFESIONES

De lunes a viernes | durante las adoraciones  
(acérquese al Padre en la iglesia)  
Sábados | de 16:00 a 17:00 (en el confesionario)  
También disponible con cita previa

#### HORARIO DE ATENCIÓN PARROQUIAL

Lunes a viernes de 9AM-4PM  
(cerrado para el almuerzo de 12PM a 1PM)

#### SACRAMENTOS Y MINISTERIOS

Unción de los Enfermos  
primeros Viernes  
Y Padre Joseph—916.508.5048 (cell)  
Bodas 530.544.3533  
Bautismos 530.544.4788  
Bread & Broth breadandbroth.org  
Dispensa de la puerta trasera  
viernes 3-430 PM  
fdixon0714@gmail.com | 530.659.3936

#### ADMINISTRADOR PAROQUIAL

Padre Joseph Sebastian, CMI  
frjoestc@tahoecatholic.com  
(cell) 916.508.5048  
(oficina) 530.544.3533 ext. 1  
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Maureen (Moe) Leonard, Directora de Música  
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Karin Holmes, Ministra de Música  
Danette Winslow, Directora de Educación  
Religiosa | sttheresare@gmail.com |  
530.544.4788  
Joanie San Agustin, Ministra de Tecnología  
tahoecatholicbulletin@gmail.com

## MINISTERIOS Y SACRAMENTOS

### ¿EMBARAZADA? ¿NECESITAS AYUDA?

Con amor y oración, apoyamos a mujeres con embarazos en crisis. Ayuda confidencial: (530) 544-3533.



### CLASES DE PREPARACIÓN BAPTISMAL

Llame o visite la Oficina de Educación Religiosa  
530.544.4788

HORARIO: [tahocatholic.com/baptisms](http://tahocatholic.com/baptisms)

### myParish APP

Descargue la aplicación myParish y obtenga acceso fácil a los recursos de la parroquia y reciba mensajes instantáneos para los próximos eventos.



### DESPENSA TRASERA DE ST THERESA

La despensa trasera ofrece alimentos gratuitos para quienes los necesitan. Está ubicada en el lado sur de Grace Hall, en la primera ventana. La despensa trasera está abierta todos los viernes de 3 a 4:30 p. m. Si desea donar a la despensa trasera, hay una caja de despensa ubicada en la parte trasera de la iglesia. Solo alimentos no perecederos (no alimentos frescos ni congelados). Gracias.



### KNIGHTS' CORNER



Los Caballeros de Colón somos conocidos en todo el mundo por nuestra extensa labor caritativa. Nuestra reputación es bien merecida. Al unirse a los Caballeros de Colón, te conviertes en parte de la fraternidad católica más grande del mundo. A medida que creces en la fe, recibes el apoyo de una verdadera hermandad basada en valores compartidos y en el deseo común de ser los hombres que Dios nos ha llamado a ser. Únete a tu consejo local para recibir aún más apoyo de otros hombres católicos. Para unirse, comunícate con el Gran Caballero Romeo Alaoen al 530-318-4408.

**DESAYUNO DE PANQUEQUES: Primer domingo de cada mes en el Salón Grace después de la Misa de las 9:00 a. m.**



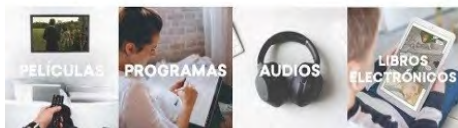
Bread & Broth, un ministerio de la Iglesia Católica St. Theresa, es un programa comunitario de distribución de alimentos en el que participan todos los voluntarios y cuya misión es aliviar el hambre en la comunidad de la costa sur del lago Tahoe. Nuestras comidas calientes y nutritivas se sirven dos veces por semana a todos los que vienen a nuestras puertas y nuestro programa B&B 4 Kids ofrece alimentos saludables y aptos para niños desde los 18 meses hasta los 18 años de edad durante el año escolar y las vacaciones de verano. Si está interesado en ser voluntario o hacer una donación monetaria o alimentos, visite nuestro sitio web, [breadandbroth.org](http://breadandbroth.org).

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1. Visite [signup.formed.org](http://signup.formed.org)  
2. Introduzca el código postal o el nombre de su parroquia. **CODIGO: QKK7X3**



### INTENCIONES DE ORACIÓN DEL SANTO PADRE

**JUNIO** | Por los valores del deporte. Oremos para que el deporte sea un instrumento de paz, encuentro y diálogo entre culturas y naciones y para que promueva valores como el respeto, la solidaridad y la superación personal.

<https://www.popesprayer.va/pray/#intentions>

### DEVOCIONES A NUESTRA SEÑORA DEL PERPETUO SOCORRO



Los miércoles después de la Misa del mediodía, en la Iglesia, con el Rosario, la coronilla de la Divina Misericordia y oraciones de la novena a Nuestra Señora del Perpetuo Socorro.

### ¡LOS COMPAÑEROS DEL CAMINO PEQUEÑO! | JOVEN ADULTO | @littlewayfellowship



“No se dejen engañar: Las malas compañías corrompen las buenas costumbres” - 1 Corintios 15:33  
Acompañanos para: Vengan y Cosnoscan | Hablar Sobre Los Santos | Estudio de la Biblia | Misa | Hora Santa | ¡Y mas! Siguenos en Instagram Para Información Sobre las Reuniones Semanales.

Para mas informacion: Contacta a Brian Grajeda: (530)318-0916 | [brianjgrajeda@gmail.com](mailto:brianjgrajeda@gmail.com)

### VOCACIONES Y MAYORDOMÍA

Una vocación es un llamado. Para los católicos, significa el estado de vida que Dios nos pide vivir. Hay una vocación para cada persona bautizada: la santidad. La santidad es vivir constantemente en la presencia de Dios y tener una relación viva con Él. Esta relación se cultiva mediante la oración y los sacramentos. Todos estamos llamados también a una vocación particular en la vida, más allá de vivir una vida de santidad. Oremos para que cada uno de nosotros encuentre su vocación en la iglesia. Oremos también por más sacerdotes. Hay estampas de oración al final de las bancas que pueden compartir.

La oración por todas las vocaciones se recita cada segundo domingo del mes.



## CORPUS CHRISTI

Celebramos dos grandes fiestas centradas en la Eucaristía. La primera es el Jueves Santo, cuando recordamos la institución de la Sagrada Eucaristía en la Última Cena. La segunda es la fiesta de hoy, el Corpus Christi, la celebración del Cuerpo y la Sangre de Cristo. Hoy la Iglesia proclama con alegría que Jesús está verdaderamente presente en la Eucaristía. No solo simbólicamente, no meramente de forma espiritual, sino verdadera y realmente presente; y la palabra "Eucaristía" proviene del término griego que significa "acción de gracias". Toda Misa es, ante todo, una acción de gracias a Dios por todas las bendiciones que nos ha concedido: la vida, la familia, la fe, el perdón y la salvación a través de Jesucristo.

Esta fiesta surgió en el siglo XIII, cuando el Papa Urbano IV la estableció para la Iglesia universal. Pidió al gran teólogo Santo Tomás de Aquino que compusiera las oraciones y los himnos para esta celebración. De su genio surgieron hermosos himnos eucarísticos como el *Pange Lingua* y el *Tantum Ergo*, himnos que aún hoy conmueven nuestros corazones. Durante siglos, los católicos celebraron esta fiesta con procesiones eucarísticas por pueblos y aldeas. El Santísimo Sacramento era llevado por las calles mientras la gente cantaba himnos y rezaba letanías. ¿Por qué? Porque los católicos creemos que la Eucaristía no es meramente un símbolo. La Eucaristía es Jesús mismo —verdaderamente presente: Cuerpo, Sangre, Alma y Divinidad. Por eso, a lo largo de la historia, los católicos arriesgaron sus vidas por la Misa. Por eso, los mártires murieron protegiendo la Eucaristía. Por tanto, la pregunta es: ¿cómo asistimos a Misa adecuadamente?

Hoy, queridos hermanos y hermanas, reflexionamos sobre la hermosa enseñanza de Jesús recogida en el capítulo sexto del Evangelio de San Juan: el discurso del Pan de Vida. Este capítulo constituye el corazón de nuestra fe católica en la Sagrada Eucaristía.

**En primer lugar**, vemos la multiplicación de los panes. Una pequeña cantidad de pan se convierte en alimento suficiente para miles de personas. ¿Qué nos enseña esto? Nos muestra que, cuando el pan se pone en las manos de Jesús, Él puede transformarlo. Él no está limitado por el entendimiento humano. Puede multiplicarlo, transformarlo y utilizarlo según su divina voluntad. Lo ordinario se vuelve extraordinario en las manos de Cristo.

**En segundo lugar**, vemos a Jesús caminando sobre las aguas. Normalmente, un ser humano no puede caminar sobre el agua. Una piedra se hunde. El metal se hunde. Incluso la madera se hunde a menos que su estructura se transforme en una barca o un barco. Pero Jesús camina sobre el mar. ¿Por qué? Porque Él es el Señor de la creación. Puede cambiar las propiedades de la naturaleza misma. Tiene autoridad sobre las leyes del mundo. Esto también nos enseña que Jesús tiene poder sobre su propio cuerpo. Si puede caminar sobre el agua, calmar el mar, sanar a los enfermos y resucitar a los muertos, entonces, ciertamente, puede hacer que el pan se convierta en su Cuerpo.

Estos dos milagros nos preparan para la gran enseñanza que sigue. Entonces Jesús dice claramente: "Yo soy el pan vivo que ha bajado del cielo". Les dice a las personas: "El que come mi carne y bebe mi sangre tiene vida eterna". La multitud quedó impactada y ofendida. Para el pueblo judío, beber sangre era algo impensable e inaceptable. Muchos no pudieron aceptar esta enseñanza. Y, por primera vez en el Evangelio, muchos discípulos se alejaron de Jesús.

Ahora, noten algo importante. Jesús no los detuvo. Por lo general, Jesús estaba lleno de misericordia y compasión. Buscaba a la oveja perdida. Perdonaba a los pecadores. Pero aquí, no hace concesiones. No dice: "Esperen, me han malinterpretado. Es solo algo simbólico". No. En cambio, se vuelve hacia Pedro y los apóstoles y pregunta: "¿También ustedes quieren marcharse?". ¿Por qué? Porque la Eucaristía no es solo un símbolo. Es verdaderamente Jesús mismo: su Cuerpo, Sangre, Alma y Divinidad.

Queridos amigos, Jesús realizó milagros sin sufrir. Para multiplicar el pan, no necesitó derramar sangre. Para caminar sobre el agua, no necesitó la Cruz. Para sanar a los enfermos, no necesitó morir. Pero para la Eucaristía, eligió el sufrimiento. Permitió que su cuerpo fuera quebrantado en la Cruz. Derramó su Preciosa Sangre. Sufrió y murió para poder permanecer con nosotros en la Sagrada Eucaristía para siempre. La Eucaristía no es una gracia barata. Es el fruto del Calvario. Cada Misa hace presente el sacrificio de Jesús en la Cruz. A veces, las personas acuden a Dios solo por bendiciones materiales: sanación, éxito, dinero o soluciones a problemas. Pero hoy Jesús dice: "Yo mismo soy tu alimento. Yo mismo soy tu fortaleza. Yo mismo te basto". El milagro más grande no es la multiplicación de los panes. El mayor milagro es que el Hijo de Dios se convierta en nuestro alimento. ¿Cómo puede la Eucaristía llegar a ser una experiencia viva para nosotros?

**En primer lugar**, participando de manera activa y agradecida. La Misa no es un espectáculo para contemplar. No es algo a lo que asistamos con la mente distraída. Venimos a dar gracias a Dios. Cuando cantamos, oramos, respondemos y escuchamos con atención, nos ofrecemos a Dios. Aun cuando la vida sea difícil, la Eucaristía nos recuerda que la gratitud abre nuestros corazones a la gracia.

**En segundo lugar**, recibiendo la Eucaristía con la mente y el corazón. A veces, la Sagrada Comunión puede volverse algo mecánico. Avanzamos simplemente porque todos los demás lo hacen. Pero en ese momento sagrado, recuerda que estás recibiendo al mismo Jesús. El mismo Jesús que sanó a los enfermos, perdonó a los pecadores, murió en la Cruz y resucitó, viene a tu corazón. Recíbelo con conciencia, reverencia y amor.

**En tercer lugar**, habla con Jesús íntimamente. Antes y después de la Misa, dedica unos momentos de silencio a estar con Él. Muchas iglesias ofrecen adoración eucarística o momentos de silencio ante el Santísimo Sacramento. Habla con Jesús como con un amigo. Cuéntale tus preocupaciones, tus temores, tu gratitud y tus esperanzas. Las relaciones solo crecen cuando pasamos tiempo juntos.

Por último, la Eucaristía cobra fuerza cuando nos entregamos a ella. Imagina que vas a un banco, como el Bank of America, e intentas retirar dinero sin tener fondos en tu cuenta. No podemos esperar frutos espirituales profundos si no dedicamos atención, oración o amor a la Eucaristía. Cuanto más nos entregamos —con nuestra fe, devoción, tiempo y amor—, más gracia recibimos. A lo largo de la historia, Dios incluso ha permitido milagros eucarísticos en diversas partes del mundo para fortalecer la fe en la Presencia Real de Jesús. Estos milagros nos recuerdan que Cristo está verdaderamente vivo en el Santísimo Sacramento. En esta fiesta del Corpus Christi, oremos para recibir la gracia de no dar por sentada la Eucaristía. Que cada Misa se convierta en un verdadero encuentro con Jesús. Y que el Cuerpo de Cristo transforme nuestras vidas con fe, amor y santidad. **Amén.**

OFERTAS	05/31/26
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INTENCIONES PARA LAS MISAS	
<b>Sábado   6 de junio   San Norberto de Xanten, obispo</b>	5:30pm ✠ Cres Samaro, by Debbie McKeon
<b>Domingo   7 de junio  </b>	9:00am ✠ Jane O'Dea Cook, by the Sheehans
	11:00am St. Theresa parishioners
	7:00pm Intenciones de misa en español
<b>Lunes   8 de junio  </b>	12:00pm Lucas Schembri (special intention) by Magdalena Schembri
<b>Martes   9 de junio   San Efrén, diácono y doctor</b>	12:00pm Anna Zepeda (bday), by Anna Zepeda
<b>Miércoles   10 de junio  </b>	12:00pm ✠ Krystyna Skrzynecka, by Magdalena Schembri
<b>Jueves   11 de junio   San Bernabé, apóstol</b>	12:00pm ✠ Joseph Skrzynecka, by Magdalena Schembri
<b>Viernes   12 de junio   Sagrado Corazón de Jesús (Solemnidad)</b>	12:00pm ✠ Patrocimo Morales, by Anna Zepeda
<b>Sábado   13 de junio   Inmaculado Corazón de María (Memoria)</b>	5:30pm Monsignor Wallace (bay), by Louise

### CONSAGRACIÓN DE LOS EE. UU. AL SAGRADO CORAZÓN DE JESÚS | UNIO DE 2026 | DIÓCESIS DE SACRAMENTO

En junio de 2026, como parte de la celebración del 250.º aniversario de la firma de la Declaración de Independencia, los obispos de los Estados Unidos consagrarán a los Estados Unidos de América al Sagrado Corazón de Jesús. Se anima a las parroquias de todo el país a unirse a los obispos en la consagración de nuestra nación al Sagrado Corazón durante el mes de junio. En la Diócesis de Sacramento, el obispo Soto invita a todas las parroquias a completar 250 horas de Adoración al Santísimo Sacramento y a realizar 250 Obras de Misericordia durante el mes de junio.

Visite [www.scd.org/consecration](http://www.scd.org/consecration) para saber cómo registrar sus horas.

### PETICIONES POR ESTAS PERSONAS

#### POR LOS FELIGRESES—ACTIVOS CON EL SERVICIO MILITAR:

Logan Bevins | Andrew Coen | Matthew Coen | Sean Finn | Ben Fry | Phillip Gaston | Corbett Martin | Zachary Martin | Ivan Tarango

**POR LOS QUE ESTÁN ENFERMOS:** James Alsbury | Steve Anderson | Andy Ansotegui | Taylor Bates | Bill Barboni | Heather Barnet | Teresita Beltran | Jena Caro | Brett Forrest | Michael Forrest | Michael Galliano | Salvador Gonzalez | Albert Gualano | David Gualano | Mary Lou Jarrett | Jerry Kirvida | Karen Kleiner | Danilo Magpusao | Norma Mallari | Byron Melrose | Haley Merkle | Matthew Morisky | Wynne Morrill | Pat Murphy | Iretth Murray | Jamie O'Malley | Cherry Oineza | Napoleon Oineza, Jr. | Mikie Peacock | Edita C. Romero | Tony Russo | Aida Salenga | Mila Seal | Derrek Sheets | Juana Simental | Rafael Simental | Cole Miller Whitney

#### LISTA DE LOS ENFERMOS

Si desea conservar su ser querido en la /lista, por favor, envíe un correo electrónico con el nombre de su ser querido, junto con su nombre y número de teléfono a [ahocatholicbulletin@gmail.com](mailto:ahocatholicbulletin@gmail.com)

FECHA DE IMPRESIÓN DEL BOLETÍN: 06/06/2026

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## ESTAS SON LAS ANUNCIAS PARA EL 7 DE JUNIO

(Para ser leído por uno de los lectores después de la comunión.)

1. Los detalles de los siguientes anuncios se encuentran en nuestra versión de boletín en línea y en nuestro sitio web en [tahoecatholic.com](http://tahoecatholic.com).
2. Hoy, después de esta Misa, habrá una procesión de Corpus Christi.
3. Manténgase informado y participe en la vida parroquial descargando la aplicación myParish. Acceda a los horarios, reciba notificaciones de eventos y explore los recursos de la parroquia: todo en un mismo lugar.
4. Se invita a las parroquias de todo el país a unirse a los obispos para consagrar nuestra nación al Sagrado Corazón durante el mes de junio de 2026. En la Diócesis de Sacramento, el obispo Soto invita a todas las parroquias a completar 250 horas de adoración al Santísimo Sacramento y 250 obras de misericordia a lo largo de dicho mes. Visite [www.scd.org/consecration](http://www.scd.org/consecration) para saber cómo registrar sus horas.
5. Gracias.