

**FOR THE HEARING IMPAIRED:** Hearing aids for use are in the sacristy—please return them after Mass.

*With joy & happiness we welcome all of you who have come to pray and worship with us. We hope you will find friendship and fellowship in our community and encouragement to face whatever may come in the week ahead. For our guests & visitors, we pray that your stay in Tahoe is wonderful, that you have a safe journey home – and return to us soon.*

**TODAY'S READINGS**

**First Reading** — Isaiah speaks of the Servant whom the Lord upholds; he shall bring forth justice to the nations (Isaiah 42:1-4, 6-7) or *Isaiah 40:1-5, 9-11.*

**Psalm** — The Lord will bless his people with peace (Psalm 29) or *Psalm 104.*

**Second Reading** — Jesus was anointed by God with the Holy Spirit; he went out healing and doing good (Acts 10:34-38) or *Titus 2:11-14; 3:4-7.*

**Gospel** — A voice comes from heaven proclaiming Jesus as the beloved Son, with whom God is well pleased (Luke 3:15-16, 21-22).

**READINGS FOR THE WEEK**

Monday: Heb 1:1-6; Ps 97:1, 2b, 6, 7c, 9; Mk 1:14-20

Tuesday: Heb 2:5-12; Ps 8:2ab, 5, 6-9; Mk 1:21-28

Wednesday: Heb 2:14-18; Ps 105:1-4, 6-9; Mk 1:29-39

Thursday: Heb 3:7-14; Ps 95:6-11; Mk 1:40-45

Friday: Heb 4:1-5, 11; Ps 78:3, 4bc, 6c-8; Mk 2:1-12

Saturday: Heb 4:12-16; Ps 19:8-10, 15; Mk 2:13-17

Sunday: Is 62:1-5; Ps 96:1-3, 7-10; 1 Cor 12:4-11; Jn 2:1-11

**WEEK AT A GLANCE**

<b>Monday, January 14</b>	8am Mass; 4pm-5:30pm Bread & Broth Meal
<b>Tuesday, January 15</b>	8am Mass; 4:30pm Mass with children in Faith Formation; 6:30pm RCIA in English
<b>Wednesday, January 16</b>	8am Mass; 12noon Mass; 7pm RCIA in Spanish
<b>Thursday, January 17</b>	8am Mass; 6pm Blessed Is She Program
<b>Friday, January 18</b>	8am Mass; 12noon Mass; 3pm-4:30pm Food Pantry
<b>Saturday, January 19</b>	4pm Confessions; 5:30pm Vigil Mass
<b>Sunday, January 20</b>	8am, 10am, 12 noon and 7pm (in Spanish); Meet & Greet after the 8am, 10am & 12noon Masses

**MASS TIMES AND INTENTIONS**

**Saturday January 12**

**5:30 pm** Bill Horning (dec) by Jim & Alison (Coster) Krebs

**Sunday January 13**

**8:00 am** Arek Glabek (dec) by Mom & Dad

**10:00 am** Arek Glabek (dec) by Andrzej & Helena

**12:00 pm** Gabe Lindsay (dec) by Grandma

**7:00 pm**

**Monday January 14**

**8:00 am** Arek Glabek (dec) by Andrzej & Helena

**Tuesday January 15**

**8:00 am** Arek Glabek (dec) by Andrzej & Helena

**Wednesday January 16**

**8:00 am** Margaret & Antone Salel (dec) by the Hurley family

**12:00 pm** Nancy Arsenault (dec) by Joe & Paula Montez

**Thursday January 17 St. Anthony**

**8:00 am** Arek Glabek (dec) by Andrzej & Helena

**Friday January 18**

**8:00 am** Arek Glabek (dec) by Mom & Dad

**12:00 pm** Paulette Williams (spec int) by her sister Marsha

**Saturday January 19 Blessed Virgin Mary**

**5:30 pm** St. Theresa parishioners

**SELF-DISCIPLINE**—Daniel Webster

The greatest of all warriors in the siege of Troy had not the preeminence because nature had given him strength and he carried the largest bow, but because self-discipline had taught him how to bend it.

**STEWARDSHIP IN OUR PARISH**

01/06	Regular Collection	5,751.79
	<b>NO SECOND COLLECTION</b>	
01/01	<b>SOLEMNITY OF MARY, MOTHER OF GOD</b>	442.00
	<i>Second collection THIS weekend: NO SECOND COLLECTION</i>	
	<i>Second collection NEXT weekend: BUILDING MAINTENANCE</i>	



**DONATE ONLINE** | Now you can donate online! Look for the “Donate” button on our website [www.tahocatholic.com](http://www.tahocatholic.com)



**DEVOTIONS TO OUR LADY OF PERPETUAL HELP**  
Wednesdays 10:30a.m. in the Church with the Rosary, Divine Mercy chaplet, and novena prayers to Our Lady of Perpetual Help

**PRAYER REQUESTS**

**FOR PARISHIONERS ON ACTIVE MILITARY DUTY**

Phillip Gaston | Corbett Martin | Zachary Martin | Erik Townsend

**FOR THOSE WHO ARE ILL**

Concordia Balong | Bill Barboni | Kathleen Brady | Krista Carson | Romie Enriquez | Gene Estepa | Mamerto Estepa | Steve Frick | Ophelia Kirvida | Kel Lohmeier | Matthew Morisky | Simon McQuarrie | Byron Melrose | Jamie O'Malley | Cecilia Ramirez | Tony Russo | Gloria Walkowiak

**PRAYER REQUESTS**

If you would like to add to the prayer list, please send an email with your loved one's name along with your name and phone number to [tahocatholicbulletin@gmail.com](mailto:tahocatholicbulletin@gmail.com).



### BAPTISMAL PREPARATION CLASSES

Call or visit the Religious Education Office  
530.544.4788 Find the **2019 SCHEDULE**:  
<http://www.tahoecatholic.com/baptisms>



### RESPECT LIFE PREGNANT ? NEED HELP?

We offer practical help to any women with a crisis pregnancy. We have a special concern for you and your unborn child. For any help with a troubled pregnancy, 544-3533.



### KNIGHT'S CORNER

*"Everyday may not be a good day, but there is good in every day." unknown*

Men of the Parish are you looking for something more in your life? We do men's Catholic

Fellowship!

**PANCAKE BREAKFAST**—Feb. 3 after the 8AM & 10AM Masses. It always tastes right when cooked by a Knight!

**MONTHLY MEETING**—Feb. 13—Dinner at 6pm meeting at 7pm

**Become a better version of yourself. Become a knight!** George Westinghouse (530)-721-1753 will be happy to help you learn more about the Knights of Columbus

### NET-WORK

**Jesus "observed Simon and his brother Andrew casting their nets into the sea." —Mark 1:16**

Jesus called the fishermen, Simon and Andrew, after observing them casting their nets into the sea. When Jesus called them, "they immediately abandoned their nets and became His followers" (Mk 1:18). He called the next two apostles, James and John, while they were putting their nets in order (Mk 1:19). Nets are mentioned three times in Mark's account of Jesus calling the first four apostles. What is the significance of the nets?

From the fish's point of view, nets are traps which take away the fish's freedom and lead to their death. When we follow Jesus, we must abandon our nets. We must repent of sinful patterns in our lives which have trapped us and brought about our spiritual death. Through repentance, we can be free to follow Jesus.

From the fisherman's point of view, nets are essential to his work. Therefore, these nets need to be in order, and the fisherman must cast them into the sea skillfully and frequently. The nets are our evangelistic outreach. To follow Jesus means to be fishers of men and women (Mk 1:17). To follow Jesus without daily and frequently evangelizing is a contradiction.

All Christians must evangelize. Leave the nets of sin and cast the nets of faith.

**Prayer:** *Jesus, may I not let a day go by without telling someone about Your love.*

**Promise:** *"In times past, God spoke in fragmentary and varied ways to our fathers through the prophets; in this, the final age, He has spoken to us through His Son." —Heb 1:1-2*

**Praise:** *Peter started a Bible study during his lunch hour at work.*  
<https://www.presentationministries.com/OBOB/obob.asp?lang=en&d=1/14/2019>

### SPIRIT-FILLED AND SPIRIT-WILLED

**"The Holy Spirit descended on Him in visible form like a dove." —Luke 3:22**

On this last day of the Christmas season, we can receive in a new way the outpouring of the Spirit. Like Jesus, we must go to our Jordan and meet our St. John the Baptizer. There's a person and a place that the Lord has chosen to be instrumental in lavishing His Spirit on us (Ti 3:6). Like Jesus, we will have to deny and humble ourselves to be at the right place at the right time (Mt 3:15). We will struggle interiorly to "let it be done" to us (Lk 1:38).

Let's resist our resistance to the Spirit. The Lord wants to give the Spirit to us much more than we want to receive Him. If we would only want the Spirit more than we want our own way! Jesus, the Baptizer in the Spirit (Mk 1:8), is so quiet and gentle, "not crying out, not shouting, not making His voice heard in the street" (Is 42:2). It's so easy to brush Him off, stifle the Christmas Spirit, and miss the opportunity of a lifetime. Yet, if we want to, we can hear Jesus breathing on us the words: "Receive the Holy Spirit" (Jn 20:22). The Spirit descends quietly as a dove (Mt 3:16), noticeable only to those who want to notice.

"My point is that you should live in accord with the Spirit and you will not yield to the cravings of the flesh" (Gal 5:16).

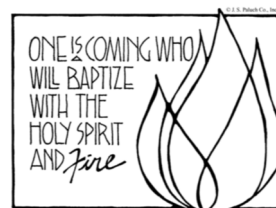
**Prayer:** *Father, today immerse me in the Spirit.*

**Promise:** *"He saved us through the baptism of new birth and renewal by the Holy Spirit." —Ti 3:5*

**Praise:** *Praise You, Jesus, for not leaving us orphans. Thank You, Father, for baptizing us into Your family. Holy Spirit, rain down on us the gifts and graces we need for each day.*  
<https://www.presentationministries.com/OBOB/obob.asp?lang=en&d=1/13/2019>

### LIVING WITH HOPE

Optimism and hope are radically different attitudes. Optimism is the expectation that things—the weather, human relationships, the economy, the political situation, and so on—will get better. Hope is the trust that God will fulfill God's promises to us in a way that leads us to true freedom. The optimist speaks about concrete changes in the future. The person of hope lives in the moment with the knowledge and trust that all of life is in good hands. All the great spiritual leaders in history were people of hope. Abraham, Moses, Ruth, Mary, Jesus, Rumi, Gandhi, and Dorothy Day all lived with a promise in their hearts that guided them toward the future without the need to know exactly what it would look like. Let's live with hope.  
<https://henrinouwen.org/meditation/living-with-hope/>



## REFLECTIONS

### WHAT'S THE SMOKE FOR?

Dear Johan,

***My mother used to drag us to novenas when we were young. Whatever happened to them? They seem to have disappeared.***

Gentle Reader,

I grew up with them too. The one I remember the best is the novena to St. Anthony, the Wonderworker. My grandmother had a great devotion to St. Anthony and was in regular need of his help with lost items. At her instigation my father took my brother and me to our local Franciscan friary for the yearly novena of St. Anthony. This meant that for nine Tuesdays leading up to the feast of St. Anthony on June 13, the day of his dies natalis or the day of his birth into heaven, we went to early morning Mass with the friars. I don't remember much about what we did except that we attended Mass, prayed a special prayer, and brought white lilies, which I was told were St. Anthony's favorite flowers. As a treat we had breakfast at my grandmother's home rather than at ours.

The word novena comes from the Latin word novem, meaning nine. Thus a novena is a series of nine days on which one prays for a specific need. Usually these are nine consecutive days. So, the novena for the gifts of the Holy Spirit, for example, is prayed on the nine days leading up to Pentecost, starting on the Friday of the sixth week of Easter and ending on the Saturday of the seventh week of Easter. In those churches that still celebrate the Ascension of the Lord on the Thursday between the sixth and seventh Sundays of Easter, the novena for the gifts of the Holy Spirit is prayed on the nine days between Ascension Thursday and Pentecost Sunday.

A novena can also be prayed on the same day of the week for nine consecutive weeks. This is the case with the novena of St. Anthony.

Like many other traditional devotions, novenas have largely fallen to the wayside in the Western world. Thankfully, in other parts of the world these and other devotions are practiced with great fervor. New immigrants often bring these with them and thus they are gradually being reintroduced in parts of the church where they are dormant.

So, if you miss praying novenas, why don't you go in search for one or, better yet, maybe your pastor might be willing to start one. I would start slowly by suggesting a novena for the gifts of the Holy Spirit. How could he say no?

So, are you OK with using the title? Or will you continue to teeter on the brink of Nestorian heresy?

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### **BE YOURSELF** | <https://henrinouwen.org/meditation/be-yourself/>

Often we want to be somewhere other than where we are, or even to be someone other than who we are. We tend to compare ourselves constantly with others and wonder why we are not as rich, as intelligent, as simple, as generous, or as saintly as they are. Such comparisons make us feel guilty, ashamed, or jealous. It is very important to realize that our vocation is hidden in where we are and who we are. We are unique human beings, each with a call to realize in life what nobody else can, and to realize it in the concrete context of the here and now.

We will never find our vocations by trying to figure out whether we are better or worse than others. We are good enough to do what we are called to do. Be yourself!

### **FINDING SOLITUDE** | <https://henrinouwen.org/meditation/finding-solitude/>

All human beings are alone. No other person will completely feel like we do, think like we do, act like we do. Each of us is unique, and our aloneness is the other side of our uniqueness. The question is whether we let our aloneness become loneliness or whether we allow it to lead us into solitude. Loneliness is painful; solitude is peaceful. Loneliness makes us cling to others in desperation; solitude allows us to respect others in their uniqueness and create community.

Letting our aloneness grow into solitude and not into loneliness is a lifelong struggle. It requires conscious choices about whom to be with, what to study, how to pray, and when to ask for counsel. But wise choices will help us to find the solitude where our hearts can grow in love.

### **CREATING SPACE TO DANCE TOGETHER** | <https://henrinouwen.org/meditation/creating-space-to-dance-together/>

When we feel lonely we keep looking for a person or persons who can take our loneliness away. Our lonely hearts cry out, "Please hold me, touch me, speak to me, pay attention to me." But soon we discover that the person we expect to take our loneliness away cannot give us what we ask for. Often that person feels oppressed by our demands and runs away, leaving us in despair. As long as we approach another person from our loneliness, no mature human relationship can develop. Clinging to one another in loneliness is suffocating and eventually becomes destructive. For love to be possible we need the courage to create space between us and to trust that this space allows us to dance together.

# CALENDAR OF EVENTS

## WALK FOR LIFE WEST COAST 2019 | JANUARY 26

Join fellow Catholics and Pro-Lifers from all over California and beyond as we stand up for the littlest among us at the 15th Annual Walk for Life West Coast in San Francisco on January 26, 2019. There will be Mass at 9:30AM celebrated by Archbishop Salvatore Cordileone at St. Mary's Cathedral. The rally begins at 12:30PM in San Francisco's Civic Center Plaza, and the Walk, down the city's Market Street, begins at 1:30PM. Last year's Walk drew 50,000+ people. For complete information about the Walk, visit [www.walkforlifewc.com](http://www.walkforlifewc.com) or call 415-658-1793.

## WORLD MARRIAGE DAY – RENEWAL OF VOWS | FEBRUARY 9

On Saturday, February 9, 2019 Bishop Jaime Soto will preside at a special 11:00 am Mass at the Cathedral of the Blessed Sacrament in which married couples will receive a special blessing and have an opportunity to renew their marital commitments. An informal reception for couples and their families will follow. Special certificates will be given to couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you are interested in attending this free event, please register (names and anniversary year) at [www.scd.org/wmd](http://www.scd.org/wmd). For more information call the Office of Family and Faith Formation at (916) 733-0177.

## LITURGICAL YEAR

The liturgical year is made up of six seasons:

**Advent**-four weeks of preparation before the celebration of Jesus' birth

**Christmas** - recalling the Nativity of Jesus Christ and his manifestation to the peoples of the world

**Lent**-a six-week period of penance before Easter

**Sacred Paschal Triduum** - the holiest "Three Days" of the Church's year, where the Christian people recall the suffering, death, and resurrection of Jesus

**Easter**-50 days of joyful celebration of the Lord's resurrection from the dead and his sending forth of the Holy Spirit

**Ordinary Time**-divided into two sections (one span of 4-8 weeks after Christmas Time and another lasting about six months after Easter Time), wherein the faithful consider the fullness of Jesus' teachings and works among his people

The mystery of Christ, unfolded through the cycle of the year, calls us to live his mystery in our own lives. This call is best illustrated in the lives of Mary and the saints, celebrated by the Church throughout the year. There is no tension between the mystery of Christ and the celebration of the saints, but rather a marvelous harmony. The Blessed Virgin Mary is joined by an inseparable bond to the saving work of her Son, and the feasts of all the saints proclaim the wonderful works of Christ in his servants and offer the faithful fitting examples for their imitation. In the feasts of Mary and of the saints, the Paschal Mystery of Christ is proclaimed and renewed.

<http://www.usccb.org/prayer-and-worship/liturgical-year/index.cfm>

## YEARNING FOR PERFECT LOVE | <https://henrinouwen.org/meditation/yearning-perfect-love/>

When we act out of loneliness our actions easily become violent. The tragedy is that much violence comes from a demand for love. When loneliness drives our search for love, kissing easily leads to biting, caressing to hitting, looking tenderly to looking suspiciously, listening to overhearing, and surrender to rape. The human heart yearns for love: love without conditions, limitations, or restrictions. But no human being is capable of offering such love, and each time we demand it we set ourselves on the road to violence.

How then can we live nonviolent lives? We must start by realizing that our restless hearts, yearning for perfect love, can only find that love through communion with the One who created them.

## THE VOICE IN THE GARDEN OF SOLITUDE | <https://henrinouwen.org/meditation/voice-garden-solitude/>

Solitude is the garden for our hearts, which yearn for love. It is the place where our aloneness can bear fruit. It is the home for our restless bodies and anxious minds. Solitude, whether it is connected with a physical space or not, is essential for our spiritual lives. It is not an easy place to be, since we are so insecure and fearful that we are easily distracted by whatever promises immediate satisfaction. Solitude is not immediately satisfying, because in solitude we meet our demons, our addictions, our feelings of lust and anger, and our immense need for recognition and approval. But if we do not run away, we will meet there also the One who says, "Do not be afraid. I am with you, and I will guide you through the valley of darkness."

Let's keep returning to our solitude.

## CHOOSING JOY | <https://henrinouwen.org/meditation/choosing-joy/>

Joy is what makes life worth living, but for many joy seems hard to find. They complain that their lives are sorrowful and depressing. What then brings the joy we so much desire? Are some people just lucky, while others have run out of luck? Strange as it may sound, we can choose joy. Two people can be part of the same event, but one may choose to live it quite differently than the other. One may choose to trust that what happened, painful as it may be, holds a promise. The other may choose despair and be destroyed by it. What makes us human is precisely this freedom of choice.